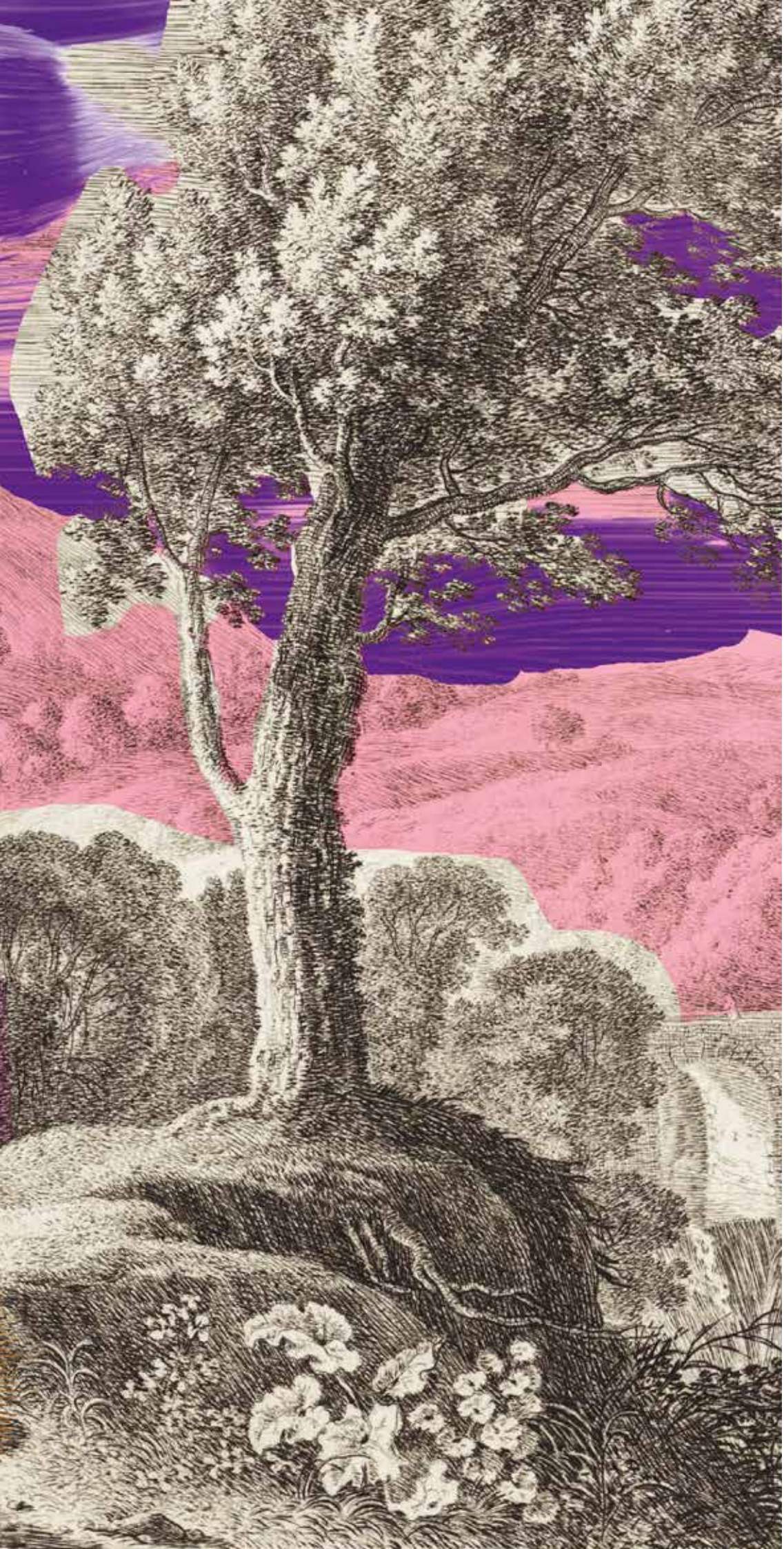

LONDON BOOK FAIR 2019

FOREIGN RIGHTS GUIDE

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MOZAÏEK
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Authors – Cynthia Ozick, Walter Moers, Jostein Gaarder, Magda Szabó, Jo Claes, Bavo Dhooge, Bob Van Laerhoven

AnkhHermes
Genres – esoteric, spirituality, mind, body & spirit, health, personal growth
Authors – Eckhart Tolle, Lynne McTaggart, Ervin Laszlo, Louise Hay

Luitingh-Sijthoff
Genres –thriller, crime fiction, historical fiction, fantasy, chick-lit, novel, narrative non-fiction, children's books, picture books, YA fiction
Authors – Dan Brown, Stephen King, George R.R. Martin, Graeme Simsion, Jill Mansell, Giulia Enders, Terry Goodkind, Jessie Burton, Lee Child, Danielle Steel, Tony Crabbe, Benji Davies

Ambo|Anthos
Genres – literary fiction, literary thriller, upmarket & literary non-fiction, history, philosophy, psychology, society
Authors – Milan Kundera, Jonathan Safran Foer, Tatiana de Rosnay, Eleanor Catton, Nicci French, Camilla Läckberg, Herman Koch, Annette Lavrijsen, Esther Verhoef, Jannah Loontjens

Ten Have
Genres – philosophy, religion, spirituality, personal growth, psychology, grief & hardship, business spirituality, mindfulness
Authors – Matthieu Ricard, Thich Nhat Hanh, Michael Puett, Deepak Chopra, Eline Snel

De Fontein
NOVELS & THRILLERS
Genres – crime fiction, thriller, true crime, historical fiction
Authors – R.J. Ellory, Sophie Hannah, Peter James, Joanne Harris, Karen Rose, Jojo Moyes
YOUTH
Genres – children's books, picture books, YA fiction
Authors – Quentin Blake, Roald Dahl, Jonny Duddle, Mark Haddon, Jeff Kinney, Rachel Renée Russell

KokBoekencentrum
Genres – religion & church, Christian fiction, faith-based non–fiction, historical non-fiction, family sagas & regional novels, children's books, YA
Authors – Nick Vujicic, Malala, Norman Stone, Andrew Roberts, Brigitte Hamann, C.S. Lewis, Paul Dowswell, Elizabeth Musser, Laura Hillenbrand

Kosmos
Genres – food & drink, art & crafts, family & health, parenting, personal growth & spirituality, self-help, icons, travel & leisure, natural history & gardening
Authors – Jamie Oliver, John Wiseman, National Geographic, Peter Hayman, Deepak Chopra, Arne & Carlos, Alex Ferguson, Baptist de Pape, Ella Woodward

Mozaïek
Genres – literary fiction, poetry, children's books, gift books
Authors – Els Florijn, Carry Ulreich

Veen Media
Genres – magazines on science, philosophy, history and food & drink
Brands – New Scientist, Jamie Magazine, Historisch Nieuwsblad

Klement
Genres – philosophy, cultural history, politcal theory
Authors – Hanna Arendt, Alain Badiou, Bernard Stiegler, Zygmunt Bauman

RECENT INTERNATIONAL RIGHTS DEALS NON-FICTION

Sitting Still Like a Frog by Eline Snel
Recently sold to Zavod Gaia planet Celje (Slovenia)
Previously sold to Les Arènes (France), Les Editions Transcontinentales (Canada), Gads Forlag (Denmark), Dong-A Ilbo (South-Korea), Arneberg Forlag (Norway), Azbooka-Atticus (Russia), Pegasus (Turkey), Goldmann Verlag (Germany), Living Psychology Publishers (Taiwan), CoJaNaTo (Poland), Samgha (Japan), Scolar Kiadó (Hungary), Red Edizioni (Italy), Biz books (Czech Republic), Rocco (Brazil), Natur och Kultur (Sweden), Chemical Industry Press (China), Modan (Israël), Thaihabooks (Vietnam), Editorial Kairós (Spain), Lua de Papel (Portugal)

Calme et attentif comme une grenouille: ton guide de sérénité / Sitting Still Like a Frog Workbook by Eline Snel, illustrated by Marc Boutavant and Chloé Laforest
Recently sold to Arneberg Forlag (Norway)
Previously sold to Shambhala (USA), Pegasus (Turkey), CoJaNaTo (Poland), Living Psychology Publishers (Taiwan),Il Castello Group | Red Edizioni (Italy), Editorial Kairós (Spain)

IMAGINE.SHOOT.CREATE by Annegien Schilling
Recently sold to Ilex Press (UK)
Previously sold to Stiftung Warentest (Germany)

The Women's Food Compass by Marjolein Dubbers
Recently sold to Sirio (Spain)
Previously sold to Heyne Verlag (Germany), Scolar (Hungary), Greystone (Canada)

Eat More Energy by Marjolein Dubbers
Recently sold to Heyne Verlag (Germany), Scolar (Hungary)

Essential Fat by Mariëtte Boon & Liesbeth van Rossum
Recently sold to Quercus (UK), Heyne Verlag (Germany), Actes Sud (France), Plataforma (Spain), (China),

Smokey Goodness: Winter BBQ by Jord Althuizen
Recently sold to HEEL Verlag (Germany)

I'll Start Tomorrow! By Marijke ten Cate & Corien Oranje
Recently sold to Scolar (Hungary)
Previously sold to Nemo (Finland)

A Mouthful of Good Health by Yvonne Kort
Recently sold to Scolar (Hungary)

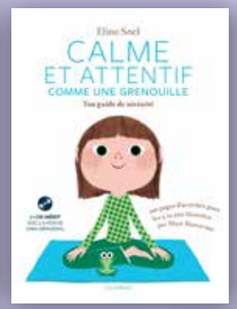
Happy Campers by Femke Creemers & Marijs de Wijs
Recently sold to Bruckmann Verlag (Germany)

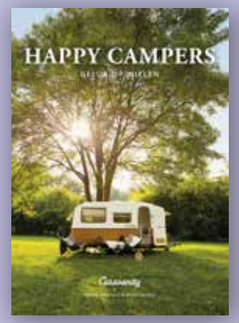
Caravanity Camping Cook Book by Femke Creemers
Recently sold to Bruckmann Verlag (Germany)

Crocheted Rag Dolls 1 by Sascha Blase-van Wagtendonk
Recently sold to Rowman & Littlefield Publishing Group (USA)
Previously sold to frechverlag (DE), Les Éditions de Saxe (France)

Crocheted Rag Dolls 2 by Sascha Blase-van Wagtendonk
Recently sold to Rowman & Littlefield Publishing Group (USA)
Previously sold to BPA Media (DE), Les Éditions de Saxe (France)

Vegan by Kyra de Vreeze
Recently sold to Murdoch (Australia)





HIGHLIGHT - HEALTH

A new book by internationally published author
Featuring 30 recipes from the energetic kitchen

MARJOLEIN DUBBERS
Eat More Energy
For a lively and vital life

Kosmos, Health, 288 pages,
78.000 words, November 2018

*** English sample translation ***

Rights sold: Heyne Verlag (Germany), Scolar (Hungary)

DUBBERS' PREVIOUS BOOK *THE WOMEN'S FOOD COMPASS* SOLD OVER 40.000 COPIES AND HAS BEEN TRANSLATED INTO ENGLISH, GERMAN, HUNGARIAN AND SPANISH

Where is energy produced in our bodies? During her research, Marjolein Dubbers found the source of vitality in mitochondria, the cell components that act like tiny power plants. Strengthening and multiplying these mitochondria is the only sure-fire way to boost our energy. The right nutrition, including healthy fats, can help: mitochondria generate twice as much energy from healthy fats as they do from sugars and carbohydrates. With her usual enthusiasm and great expertise, Marjolein delves into the fascinating world of mitochondria, enzymes and gut flora. She examines the role of fats, fibres, antibiotics and food supplements as energy boosters or energy drains. *Eat More Energy* is packed with fascinating facts. Did you know that ovaries are a real treasure trove of mitochondria? The darker a fruit, the more antioxidants it contains? That some processed food products may contain petroleum? That cholesterol is not as evil as we tend to think?

With 30 energising recipes, suitable for dozens of weekly menus.

PRESS ON *HORMONE POWER*:
'There are natural ways to bring female hormones back into balance. Bestselling Dutch author Marjolein Dubbers knows all about how to achieve that.' – GLÜCKSPOST

Marjolein Dubbers started the online Energieke Vrouwen Academie (Energetic Women's Academy) for which she writes a weekly article. She is known for her clear explanations that have inspired thousands of women to change their eating habits. Her previous book has been sold to Canada (World English), Germany and Hungary.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

International YouTube star and football child prodigy rolls up his sleeves for some kitchen business!

SHANE KLUIVERT
Cook with Shane
For children and parents

Kosmos, Food & Drink,
176 pages, 8.000 words,
March 2018

* **English sample translation** *

Rights sold: Dorling Kindersley Verlag (Germany)

The most exceptional cookbook of the year comes from Shane Kluivert! This multi-talented young man is not only a fantastic footballer, he's also well on his way towards becoming the next Jamie Oliver, with more than hundreds of thousands of views on his YouTube channel featuring cooking videos. In this book, the popular young food vlogger shares his 40 favourite recipes, which children can make at home either on their own or together with mum or dad: delicious, quick, and step-by-step. Also suitable for those over the age of 18 who aren't a dab hand in the kitchen!

Following in the famous footsteps of his father – Netherlands and Barcelona legend Patrick – Shane Kluivert is quickly making a name for himself. The tech-savvy ten-year old announced he has signed a contract with sportswear giant Nike on his Instagram account – which already has over 320,000 followers. Shane speaks Dutch, English, Spanish and French fluently and currently lives in Barcelona with his family.

PRESS ON SHANE KLUIVERT:

'Shane Kluivert is now the third member of the Kluivert dynasty to make a name for himself.' – BBC

'However, his talents don't stop there. Despite his tender age, Shane is a true expert of social media, amassing thousands of followers.'
– LA VANGUARDIA

Shane Kluivert (2007) plays football for the youth team of FC Barcelona and is also an avid cook. Through his YouTube channel (nearly 80 000 subscribers) and Instagram, he shows us how easy it is to prepare tasty and healthy meals.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – FOOD & DRINK

More Tinned Fish
The long-awaited follow-up to the classic

BART VAN OLPHEN & DAVID LOFTUS
Cooking with Tinned Fish 2

20.000 COPIES SOLD OF *COOKING WITH TINNED FISH 1*
70.000 INSTAGRAM FOLLOWERS

Kosmos, Food & Drink,
144 pages, January 2019

* **English sample translation** *

With *Cooking with Tinned Fish 2*, celebrated fish connoisseur Bart van Olphen proves once and for all that fish from a can is the hidden superhero in everybody's pantry. This brand-new edition shows off the enormous versatility of this trusty kitchen staple and is filled with mouth-watering recipes accompanied by photos taken by David Loftus. What's more, readers are sure to make more sustainable choices once they've read the amazing stories of Fish Tales. With this book in hand, we'll all be able to continue enjoying tinned fish for years to come.

PRAISE FOR *COOKING WITH TINNED FISH 1*:

'Bart is my fish hero – this book rocks! I'm off to buy some tinned fish…'
– JAMIE OLIVER

Bart van Olphen is co-founder of tinned fish brand Fish Tales (www.fish-tales.com). Bart set up the first sustainable fishmongers in Europe and knows all about how we can enjoy great fish without harming stocks for future generations. His Fish Tales videos on YouTube are an internet sensation and he quickly became a member of Jamie Oliver's FoodTube Network. His Fish Tales products are also available in Germany and at Waitrose stores in the UK.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

kosmos

No-worries BBQ with Smokey Goodness
Get the flames roaring this summer!

JORD ALTHUIZEN
Smokey Goodness No Worries BBQ

150.000 COPIES SOLD OF PREVIOUS SMOKEY GOODNESS TITLES

Burgers, beer and barbecue ... nowhere are people crazier about barbecuing than Down Under. This summer, in this new adventure from the Netherlands' one-and-only BBQ hero Jord Althuizen, you will discover the laid-back approach to barbecuing. Featuring classic favourites such as ribs and burgers, for anyone looking for an easy summer BBQ, but also full of real BBQ adventures. So, if you are also wondering what that roo bar is really for, or curious about a croc steak, Dundee-style, in this book you will find the answers to all your BBQ questions!

PRAISE FOR *SMOKEY GOODNESS*:
'Jord is well schooled on American barbecue and his love for it really comes through in this great new book.' – RAY LAMPE, DR. BBQ

'European Pitmaster Jord Althuizen offers up a smorgasbord of mouthwatering 'American inspired BBQ. A must read for the global BBQ enthusiast.' – JIM JOHNSON, INTERNATIONAL BBQ INSTRUCTOR, 76 TIMES GRAND CHAMPION & AMERICAN PITMASTER

Kosmos, Food & Drink,
224 pages, April 2019

* **Dutch pdf** *

Rights to Smokey Goodness 1 have been sold to: Heel Verlag (Germany), Hachette Pratique (France), Scolar (Hungary)
Rights to Smokey Goodness Winter BBQ have been sold to: Heel Verlag (Germany)

Jord Althuizen is Barbecue World Champion and is causing an international stir with his rough-and-ready Smokey Goodness Barbecue Catering. Smokey Goodness is collaborating with several international brands. Book #1 has been published in France, Germany and Hungary.

Supermodel makes healthy eating super easy
Easy meal prepping with Rose Bertram

ROSE BERTRAM
Chubby in Shape

This is the first cookbook from Chubby in Shape, the healthy food company set up by international top model Rose Bertram. This cookbook is based around meal prepping: 1 x cooking = 3 x eating! Easy, quick, healthy and lean: accessible to everyone, even (or especially) if you have a busy life. The delicious dishes (classics with a twist) and beautiful design make this the perfect gift book – including for yourself!

Kosmos, Food & Drink,
176 pages, May 2019

Rose Bertram (24) is a top model and entrepreneur. Together with her childhood friend, food service entrepreneur and caterer Mary Cruz da Luz, she launched the meal prep company *Chubby in Shape*. *Chubby in Shape* is their first book. Rose Bertram has over 763.000 followers on Instagram(rose_bertram) and her company (@chubbyinshape) has over 75.500 followers.

Seaweed, cuisine's hot new vegetable

TOINE WILKES WITH BART VAN OLPHEN

Cooking with Seaweed and Other Saline Vegetables

WITH AMAZING PHOTOGRAPHS BY DAVID LOFTUS

Seaweed is nothing new: we're all familiar with Poké bowls sprinkled with flakes of nori, sushi with wakame salad, or lamb served with braised sea lavender. But those are just the tip of the iceberg when it comes to using these healthy, sustainable and delicious products from the sea and dunes. Discover these delightful seaweed recipes from renowned seafood expert Bart van Olphen (Fish Tales) and seaweed king Toine Wilke (Sea Green).

Kosmos, Food & Drink,
144 pages, 15.000 words, June 2018

* **English sample translation** *

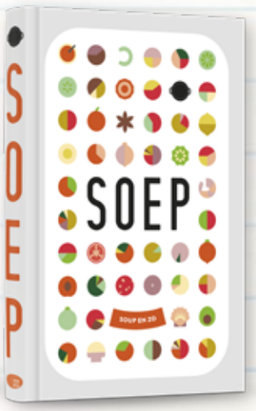
Soup: super healthy and always delicious!

ELISE ELISE & JAMIE THOMAS

Soup

Sometimes you just want a simple soup, at other times a culinary masterpiece: in *Soup* you will find your favourite soup for every day. The soup chefs from Amsterdam's popular *Soup en Zo* share their 75 best recipes. With an emphasis on the base and flavour profile, you can learn to make your own personal favourite soup.

PRAISE FOR *SOUP & ZO*:
'Whichever you choose, all the soups are excellent.' – ***** TRIPADVISOR



Kosmos, Food & Drink,
144 pages, August 2016

Rights sold: Herder | Urania (Germany)

* **English sample translation** *

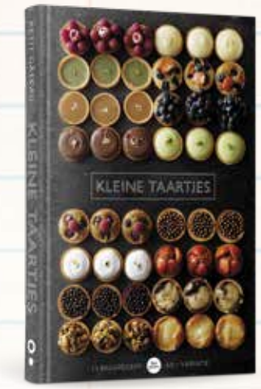
Mix & Match with Petit Gâteau

MEIKE SCHALING

Miniature Tarts

1 basic recipe – 60 variations

The popular miniature tarts – miniminis – from French patisserie Petit Gâteau are real eye candy, coming in an infinite variety of flavours and colours. This book contains a collection of the most delicious of these artful tarts with short-crust pastry bases. For all bakers, experienced and beginners alike, who want to learn how to fill and decorate.



Kosmos, Food & Drink,
160 pages, May 2018

* **Dutch pdf** *

Kosmos, Food & Drink,
160 pages, September 2017

* **Dutch pdf** *

Pancakes: a party every day of the week!

CLAUDIA WILLEKES & GEERTJE BROCADES ZAALBERG-TENSEN

Pancake Day

Delicious, healthy and for any time of day

In *Pancake Day*, Claudia Willekes and Geertje Tensen show that pancakes can be more than just delicious; they can be super healthy too. *Pancake Day* is a family cookbook jam-packed with pancake recipes for any time of day. Easy to make and with endless varieties. So that every day can be a pancake day!

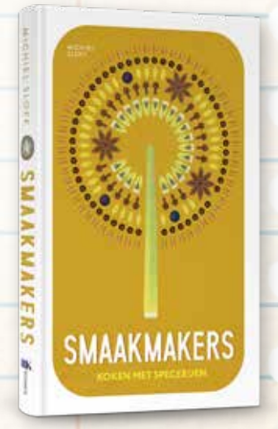
Spice up your life!

MICHIEL SLOFF

Spice

Cooking with Spices

Discover the exciting world of spices from parsley to nutmeg through pimenta and learn to spice up all kinds of dishes from chicken soup or rice meals to delicious cakes. With saffron, mace, star anise or vanilla, it's easy to give familiar dishes a new twist. From sweet potato salad with cumin, or squid with allspice, to Dutch cake with ginger or hot chocolate with star anise: this book provides a whole host of ways to spice up your life.



Kosmos, Food & Drink,
160 pages, September 2017

* **Dutch pdf** *

After internationally trending books on guts, skin and the vagina, the mouth is put into the limelight

YVONNE KORT

A Mouthful of Good Health

Ten steps to optimal oral health

Kosmos, Health, 208 pages, 42.000 words, July 2018

*** English sample translation ***

Rights sold: Scolar (Hungary)

FOR FANS OF GIULIA ENDERS AND YAEL ADLER

The condition of the mouth – like that of the digestive tract and skin – can speak volumes about a person's overall health. Besides fulfilling essential functions, the mouth is a window into what's going on in the rest of your body.

A Mouthful of Good Health by Yvonne Kort will change the way you see the mouth. With useful advice, and practical tips and a 10-step plan for optimal oral health, you'll learn why your mouth is of vital importance to your overall well-being.

On top of that, the book is scattered with intriguing facts: did you know that dental enamel is the hardest material in your body? That fluoride was only added to toothpaste after the Second World War? And is it true that you lose a tooth with each pregnancy.

PRESS ON *A MOUTHFUL OF GOOD HEALTH*:
'In this book, Yvonne Kort provides the reader with golden tips to keep a good oral hygiene.' – FEELING.BE

Yvonne Kort is an oral hygienist, ortho-molecular therapist and vitality coach, and a well-known expert on the topic.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

The perfect running book for real women!

CORIEN ORANJE & MARIJKE TEN CATE

I'll Start Tomorrow!

From being addicted to excuses to becoming a running junkie

Kok, Lifestyle, 208 pages, May 2018

*** English sample translation ***

Rights sold to: Nemo | Otava (Finland), Scolar (Hungary)

Running is good for you, but how do you get started? And how do you keep it up? In this full-colour running book, Marijke ten Cate and Corien Oranje share their running experiences. Honest, funny and identifiable. They share their tips and tricks, and explore the world of running with a healthy dose of humour. This book is about running clothes, injuries, running techniques and the psychology of running.

Running can help you lose weight or improve your mood. With lots of drawings, motivational stories, quizzes and interviews: start running today!

Marijke ten Cate is an illustrator and created the amusing drawings for this book. Her children's book *Where is My Sock?* has been translated into Chinese and several of her books that were published by Lemniscaat were also published in English.

Corien Oranje has written many books, for children and adults. Her book *The Day of Waves* has been translated into Indonesian. They both enjoy running, creating the perfect duo for this book.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

Everything you always wanted to know

LAURA HIDDINGA

Are You Coming?

Oh Yes! The Ultimate Orgasm Guide for Every Woman

Sex is fun! Just think of Netflix's *Sex Education*, the heartfelt hit series about people trying to navigate sex and relationships. But it's not always funny. For many womenclimaxing is not always guaranteed. *Are You Coming?* contains everything that all women – and men – need to know about the female orgasm. 'Practice makes perfect' is the motto of this practical and informative book, full of tips to help you work towards more and better orgasms, alone or with your partner. Classy and sassy!

Kosmos, Health,
208 pages, February 2019

*** English sample translation ***

'The study of sex is the beginning of all life. Yet we sit like prudish cavemen in the dark riddled with shame and guilt'

Dr. William Masters in de tv-serie *Masters of Sex*

Laura Hiddinga is a journalist and writes for LotteLust, the online magazine for women who want to learn about sexuality, fantasise and have fun.

Balance and energy for mothers
Esther van Diepen, from the international brand Mom in Balance, shows you how!

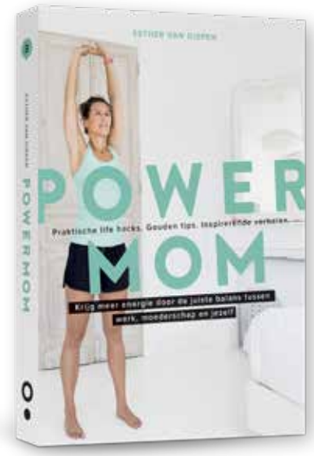
ESTHER VAN DIEPEN

Power Mom

Enjoy more energy by finding the right balance between work, family and yourself

THIS SUCCESSFUL ENTREPRENEUR, FORMER ATHLETE AND MOTHER OF FOUR HAS WRITTEN THE ULTIMATE GUIDEBOOK FOR ALL MOTHERS.

Many women put themselves in last place once they've become mothers. It's a considerable challenge to combine work, family and 'me time'. This book helps mothers take better care of themselves, so they feel on top of the world! With inspiring stories, valuable tips and practical life hacks.



Kosmos, Health, 160 pages,
28.000 words, October 2018

*** Dutch pdf ***

Esther van Diepen inspires and supports ambitious working mothers with her companies Mom in Balance and SHE Performance.

STEFAN KLEINTJES

Weaning for the Little Ones – For Breast- and Bottle-Fed Children

Teach Children Aged 0-4 to Feed Themselves

30,000 COPIES SOLD OF HIS PREVIOUS BOOK

The Kleintjes method helps parents teach children aged 0 to 4 to feed themselves. Stefan Kleintjes explains the advantages of eating by hand. This way children learn to eat at their own pace as well as develop their motor skills and build self esteem. They will be able to taste food with all their senses. One in three mothers stops breastfeeding after three months, and the question most frequently asked of founding father Stefan Kleintjes is: how do I use this method if I don't or only partially breastfeed? Thanks to this book, this rapidly growing group of parents can now also easily follow the successful Kleintjes method.

Kosmos, Parenting,
September 2019, 192 pages

* **Dutch pdf** *

* **Rights sold: Éditions l'Instant Présent (France)** *

Stefan Kleintjes is a lactation consultant, paediatric nutritionist and bestselling author of books including the successful *Weaning for the Little Ones*, which has sold 30,000 copies.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

The most breath-taking trips for backpackers

ROËLL DE RAM

Backpacking Destinations

Inspiring journeys for backpackers

ROËLL'S BLOG HAS OVER 200.000 UNIQUE VISITORS EACH MONTH

In this book, WeAreTravellers travel blog founder Roëll de Ram takes readers on a fantastic journey to the best destinations for experiencing the most incredible backpacking adventures. From breath-taking locations in Sri Lanka to a rugged road trip through Iceland, or a month-long trek through majestic South Africa. With enchanting tales, practical tips, beautiful routes and exquisite photography. This is a book filled with inspiring ideas for budget travellers and flash-packers alike.

Kosmos, Travel, 208 pages,
40.000 words, October 2018

* **Dutch pdf** *

Roëll de Ram (1990) is a full-time travel blogger and founder of WeAreTravellers.nl, one of the Netherlands' most popular online travel magazines.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – TRAVEL

'If you travel with yourself, you are never alone.'

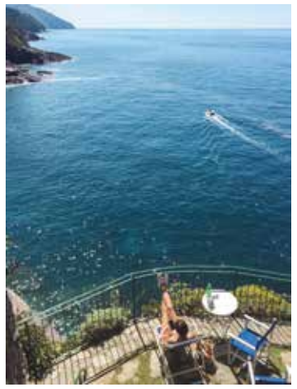
LIESBETH RASKER

Travelling Solo

Travelling Alone Is Easier and More Fun Than You Think

What if you have the time, desire and money to travel, but no one to come with you? Do you stay at home? Of course not! You just go on your own. It's not scary, not difficult, and certainly not crazy. Liesbeth Rasker, avid solo traveller, helps you on your way. How about a tour of Italy, spotting wild elephants in Sri Lanka, or camping on an uninhabited island in the Philippines? The world is at your feet, and you don't need anyone to discover it with.

Kosmos, Travel,
208 pages, June 2019



Liesbeth Rasker is a columnist for Lonely Planet, appears on *RTL Boulevard*, writes for *ELLE* and *Glamour*, and has her own travel blog (Bag to Reality). Her first book *Paying by Card in Mongolia and Other Solvable Travel Inconveniences* was published in 2018.

HIGHLIGHT - NATURE

Guide for a happy cat

LIESBETH PUTS

If the Cat Were in Charge

Guide for a Happy Cat

Even the cutest young kitten is a wild predator by nature. How can cat lovers understand what their pets really want and meet their natural needs? It is worth the effort, if only for your own benefit, because a problem cat is not easy to live with, whereas happy cats give their owners great pleasure.

This book is the ideal gift for any cat lover, full of practical instructions and tips that will help everyone understand cats. Packed with illustrative *and* adorable photographs.

Kosmos, Nature,
192 pages, March 2019

* **English sample translation** *

Liesbeth Puts runs a successful practice in Zeist as a cat behaviour expert and gives courses and lectures for both cat owners and vets. She previously wrote a practical guide to caring for kittens and she blogs about cat behaviour.

HIGHLIGHT - MEMOIR

A heart-wrenching story about anorexia

JOSHA ZWAAN

Emma Wants to Live

The true story of one woman's struggle with anorexia

BASED ON THE DOCUMENTARY OF THE SAME NAME

Jessica Villerius' stunning documentary, *Emma Wants to Live*, is about a young woman's losing battle with anorexia. It has unleashed a heart-warming response, and this book goes deeper into Emma's story and puts her battle into perspective. There's valuable background information about Emma's parents, family, and support staff, and the book offers a convincing picture of the tragic impact this disease can have. There's no shying away from the lapses within the support community.

The documentary was broadcasted in Germany, France and Norway and is available in English on Amazon.

PRAISE FOR THE DOCUMENTARY:

'It is one of those films that will change you if you let it.'

'Draining emotionally, but well worth the time to watch and see the real human within a real struggle.' – REVIEWS ON AMAZON PRIME

Ten Have, Memoir,
256 pages, January 2019

*** English sample translation ***

Josha Zwaan (1963) is an author and writing coach. Her previous titles include *Parnassia*, *Sea Sparkle* and *Sidetrack*. Zwaan viewed many hours of film material and carried out extensive discussions with Emma's parents, doctors and other hands-on experts.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – BIOGRAPHY

The story of the world's best female footballer

LIEKE MARTENS & VINCENT DE VRIES

LIEKE

From Nieuw-Bergen to FC Barcelona

Kosmos, Biography,
240 pages, May 2019

*** English sample translation ***

2017 was the year of footballer Lieke Martens. She signed a contract with FC Barcelona. She won the European Cup with the Dutch national team and became the best player of the tournament, in Europe and in the world. In *LIEKE*, Lieke Martens shares her whole story for the very first time. From her first goals with the F-pupils in Nieuw-Bergen and her most memorable performances at the biggest club in the world, to her encounters with superstars like Messi, Neymar and Ronaldo.

In collaboration with, among others, Jackie Groenen, Danielle van der Donk, Kika van Es, Anouk Hoogendijk, Sarina Wiegman and Patrick Kluivert.

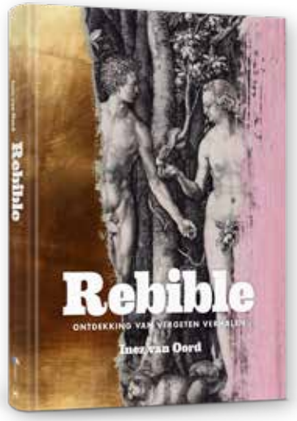
Vincent de Vries has written several biographical books such as *Kraay* and *Fighting Spirit*, about Fernando Ricksen (Sports Book of the Year 2013). As a freelance journalist he writes for outlets including *Panorama*, *Nieuwe Revu* and *Helden*.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – MIND BODY SPIRIT

How come we embrace the Buddha like a teddy bear but leave the Bible aside?

INEZ VAN OORD
Rebible



Kosmos, Mind Body Spirit,
240 pages, December 2017

* **full English translation** *

SHORTLISTED FOR BEST SPIRITUAL BOOK OF 2018

Jesus walked on water, Eve ate an apple, Moses went up the mountain: these stories are familiar to many people. Miraculous stories, sometimes difficult to understand, a thing of the past. But the stories are part of our native soil. Is there a new way of reading the Bible and listening to these stories? Inez van Oord embarks on a journey to search for new interpretations. With a solid background in Eastern philosophy and religions, she offers new ways of reading so as to render the stories about Noah, Elijah, Jesus and other Biblical figures more accessible and, in many cases, more relevant to life in the 21st century. Inez turns to her brother Jos, a theologian, to help her answer these intriguing questions. Through their discussions, new insights arise. This book is the report of her search for these forgotten stories, which continue to provide inspiration in a different way today.

PRESS ON *REBIBLE*:

'For a long time new spirituality and Christianity represented two entirely different worlds. This wonderful book endeavours in bringing them closer. With an open mind, it spurs dialogue and mutual understanding.'
– CLAARTJE KRUIJFF, NATIONAL THEOLOGIAN OF THE NETHERLANDS

'*Rebible* is a beautifully designed book, written in modern language and not afraid of going against the established wisdom.' – TROUW

Inez van Oord, founder of *Happinez*, has read a lot about the soul and the self, energy and awareness. For this book, she re-read the Bible. Her first book, *If Your Life Is a Circle, Where Do You Stand?*, was elected Best Spiritual Book of 2016 and was published in Germany and France.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – MIND BODY SPIRIT

What does the editor-in-chief of Happinez do on days when everything goes wrong?

EVELINE HELMINK
Handbook for Bad Days
Shortcuts to a Lighter Life

Kosmos, Mind Body Spirt,
256 pages, May 2019

* **English sample translation** *

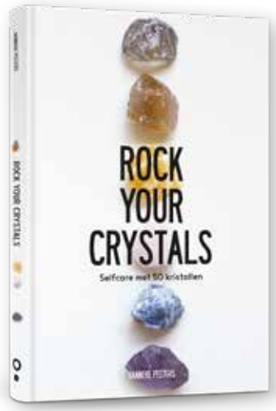
In times of #bliss and #lovinglife you could almost forget that some days that are just plain lousy. But it is on days when things do not go your way that you learn most about yourself. It is the lesson of all lessons: accepting life as it is and going with the flow. And sometimes that requires nothing more than a comfy fluffy cardigan, a hot shower or a long walk. In a comforting, down-to-earth and light-hearted manner, Eveline translates big concepts about happy living into everyday reality.

Eveline Helmink (born 1980) is a journalist and magazine editor. She works as editor-in-chief at international media brand *Happinez*, which shares insights and inspiration for personal growth and a meaningful life.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – MIND BODY SPIRIT

Go Rock Yourself



HANNEKE PEETERS

Rock Your Crystals

Self Care with 50 Crystals

Kosmos, Mind Body Spirit,
176 pages, April 2019

* **Dutch pdf** *

Crystals are hip. They can be seen on the catwalk and on sale at fashion stores such as Urban Outfitters. Rens Kroes, Danielle van Grondelle, Adele and Victoria Beckham are big fans. Crystals can help you balance your energy or adjust your lifestyle. Whether it is pyrite to increase motivation, celestite to regain inner calm, or lapis lazuli for greater insight – with the help of crystals you will experience more peace and contentment.

Hanneke Peeters (37) is founder of the Rock Your World brand. She felt the need to bring calm to her hectic life, and managed to do this with the help of crystals. Now she also helps other women to increase their happiness.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – MIND BODY SPIRIT

Conscious breathing as a source of energy
With tools en quick fixes

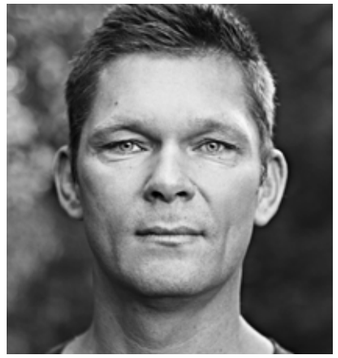
MR. BREATH

Discover the Power of Breathing

Kosmos, Mind Body Spirit,
176 pages, April 2019

* **English sample translation** *

Breath is our most important source of energy. Nothing is as effective as conscious breathing. Mr. Breath shows you how to make full use of your lung capacity. With a free flow of breath you can live a healthier and more energetic life, relax better and set your own boundaries. With Mr. Breath's tools and quick fixes you can take control, with immediate results. From deep relaxation at bedtime to gaining an energy boost for better performance.



Rob Koning (47) runs breathing practice 'Mr. Breath' in Amsterdam and is an authority in the field of breathing. He coaches people with stress-related complaints and gives workshops for businesses. He appeals to a broad public.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

Kosmos, Mind Body Spirit,
256 pages, June 2019

JELLE HERMUS

Living with the Wind at Your Back

Less Drama in Your Life, More Peace in Your Mind

45,000 COPIES SOLD OF *BETTER AND BETTER*

Thoughts are the cause of almost all of our problems. If we learn to take our thoughts less seriously, we can instantly make all these problems much less depressing. In a refreshing way, in *Living with the Wind at Your Back* Jelle Hermus shows you how you can live with less drama and more peace in your mind. Discover how to stop worrying, cultivate more mindfulness, and learn to live with the wind at your back. A guide full of the practical tips and vivid metaphors for which Jelle Hermus is renowned.

* **Rights sold:**
Scorpio Verlag (Germany) *

Jelle Hermus is the founder of the successful platform soChicken.nl, which helps 8 million people hatch a better life every year. It is his mission to nurture a more loving society. He is crazy about personal growth, travel and broccoli.

Ten Have, Psychology,
176 pages, April 2019

* **English sample translation** *

Reflections on our self-image

LIESBETH WOERTMAN

You Are Already Beautiful

The Human Image in Psychology

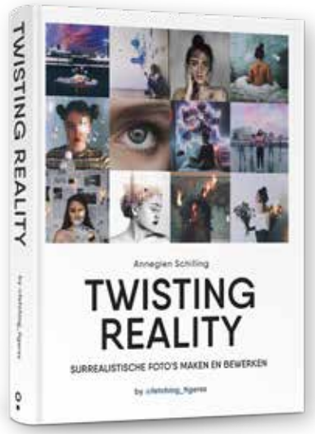
A perfect appearance and body are more important than ever in our visual culture. Retouched images of perfection make us feel insecure. According to Liesbeth Woertman, beauty comes not from transparency but from relationships and connections. She writes about man as a story and as a thing, sexy images in the media, illness and pain, and sex robots.

She argues passionately that you should always look for meaning in life, stop striving for an idealised self-image and flawless appearance, and regard people as complete with all their imperfections.

Prof. **Liesbeth Woertman** (born 1954) is professor of psychology at Utrecht University. She obtained her doctorate in 1994 on the subject of body image. Previously, she wrote *Easy on the Eye* and *The Psychology of Appearance*.

New tips from Instagram phenomenon @fetching_tigerss

ANNEGIEN SCHILLING
Twisting Reality
Taking and editing surrealistic photographs



Kosmos, Photography,
160 pages, November 2018

* **Dutch pdf** *

Rights to her previous book have been sold to: Stiftung Warentest (Germany), Ilex Press (UK)

OVER 1 MILLION FOLLOWERS ON INSTAGRAM

HER PREVIOUS BOOK IMAGINE. SHOOT. CREATE SOLD 10.000 COPIES AND HAS JUST BEEN PUBLISHED IN GERMANY

Annegien Schilling's (@fetching_tigerss) first book, *Imagine. Shoot. Create.* was such a success, she lost no time in gathering exciting new photographic material for her next project. The result: *Twisting Reality*, with texts and images that clearly explain the steps involved in creating these fantastic, surrealistic portraits, often containing references to current societal issues. Chock full of tips that make taking and processing unique photographs accessible for everyone.

PRESS ON ANNEGIEN SCHILLING:

'Annegien Schilling acquired international fame for her surrealistic self-portraits on Instagram under the name fetching_tigerss, but behind those amazing images lies an even more astonishing story.' – LEBUZZ-MAG.COM

Annegien Schilling (1999) began taking pictures at an early age. When she was just 13, she created her own Instagram account, fetching_tigerss, where she shares her surrealistic self-portraits. She now has more than 1 million followers around the globe. Her previous book *Imagine.Shoot.Create* has been published in Germany.

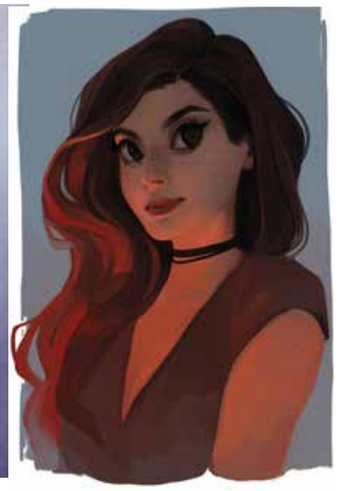
Everything you need to know to take the best photos
Styling, composition and editing

IEP BERGSMA
Picture Perfect
Shooting and Editing

Kosmos, Photography,
144 pages, July 2019

The ultimate book for anyone looking for the best tips and tricks to create beautiful photos, reportages and professional Instafeeds. Because if your pictures fit your story, who you are, and the image you project, their impact will be so much greater. Photographer Iep Bergsma knows that better than anyone. She reveals all her secrets for the perfect styling, composition and editing of your photos. Learn to take photos like a professional, and tell your story in perfect pictures.

Iep Bergsma is a photographer for entrepreneurs. She helps creative female entrepreneurs to strengthen their personal brand through pictures, so that they appeal to more clients and make a real impact. iepbergsma.com



HIGHLIGHT – ARTS & CRAFTS

An international hit on Instagram!

LAURA BROUWERS

The Art of Cyarine

Inspiration and exercises, from one illustrator to another

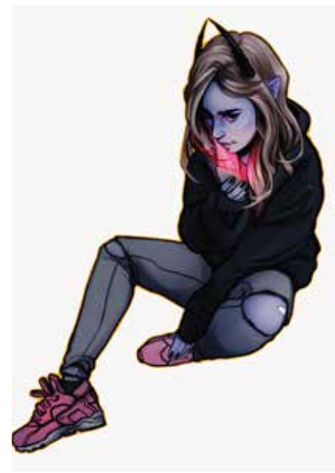
OVER 1.5 MILLION FOLLOWERS ON INSTAGRAM

Laura Brouwers alias @cyarine draws breath-taking illustrations in a unique, dream-like manga style, with a hint of sex appeal and a sprinkling of Disney, pop culture and pin-up. 22-year old Laura has amassed an immense following on Instagram, where currently she has over 1,5 million followers. In this book, the vibrant young artist welcomes readers into her studio to see how she works. She also shares plenty of helpful tips and drawing exercises, while telling readers about her amazing career: her motivation, and the global success of her Instagram feed. She lets readers in on her sources of inspiration. An entertaining picture book for fans of drawing and manga. All drawings have been specially made for the book.

Kosmos, Arts & Crafts, 160 pages, 13.000 words, October 2018

*** English sample translation + proposal ***

Rights sold: Blue Star Press (World English)



Laura Brouwers (22) is a world-famous artist with more than 1.5 million Instagram followers. She manages her own company from her base in the Netherlands, and travels to comic-cons and fairs throughout Europe, Japan and the United States. The rights for the English translation were sold before this book's publication was even announced.

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

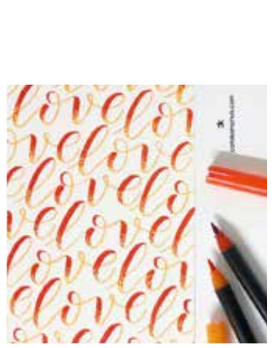
Get the most out of your brush pens

CARLA KAMPHUIS
The Ultimate Brush Pen Book
Brush Pen Love

Brush pens are not only great for calligraphy; you can also create beautiful illustrations with them. Carla Kamphuis takes you enthusiastically by the hand and teaches you how to draw a wide variety of pictures in four easy steps. From animals and fruit, rainbows and unicorns, emoticons and kawaii to patterns, plants and flowers – this book features them all. Of course, the book also covers different handwriting styles, bullet journal headers and much more.

Kosmos, Arts & Crafts,
96 pages, March 2019

* **Dutch pdf** *



The latest craze: brush lettering!
Handbook and exercise book

Brush Lettering

Brush pens are selling like hotcakes at the moment. This book is an introduction to brush lettering: the popular, modern version of calligraphy. Many different techniques and examples are provided. The exercise book contains letters, figures, and much more so that you can brush up on your technique! Colour lettering by hand is all the rage at the moment.

Kosmos, Art & Crafts,
96 pages, September 2017

Rights sold: frechverlag (Germany)

* **German pdf** *

The ultimate creative outlet

KARIN LUTTENBERG
What Will You Make of It?

FOR FANS OF *WRECK THIS JOURNAL*

What Will You Make of It? is the ultimate outlet for all your creativity. 192 pages bursting with unique and inspiring projects and texts to get you into your own creative flow. Draw, write, cut, paste, hand letter, use lots of colour or not much at all. It doesn't get more personal than this: you decide what you make of it. Karin Luttenberg helps you to get started, and fills you with inspiration and enthusiasm.

Kosmos, Arts & Crafts,
192 pages, July 2019

Karin Luttenberg made her debut as an author with the immensely popular *How to Do Hand Lettering*. She is a creative jack-of-all-trades and works as a graphic designer, author, illustrator and concept developer.

Feel-good crochet book: brightly coloured crocheting
Crochet your own colourful bouquet

BAS DEN BRAVER

How to Crochet Flower Dolls

Bas den Braver – better known as Zabbez – is the designer of these adorable flower dolls, and the popularity of these designs has spread well beyond the Dutch borders. This pattern book contains 15 popular flower designs, including Sunflower Sam and Anemone Annie. Some smaller patterns are also included – such as butterfly and bee – to make your flower garden complete. All the crochet patterns include detailed, step-by-step instructions illustrated with many colourful pictures. A fun and addictive new trend for crafters at all levels!

Kosmos, Arts & Crafts,
96 pages, July 2018

* **Dutch pdf** *

Bas den Braver is a Dutch designer of crochet patterns. His passion for flowers really shines in these crocheted dolls. He finds inspiration outdoors in nature, as well as during visits to the fantastic flower stalls in Dutch street markets. Zabbez sells his crochet patterns (translated into several languages) online. Check out more on his Instagram @zabbezcrochet.

Crochet a complete underwater world
From anemone to mermaid

BAS DEN BRAVER

Crochet Your Own Underwater World

Crochet Your Own Underwater World is the second book by Bas den Braver, also known as Zabbez. With *How to Crochet Flower Dolls* (bestselling new crochet book of 2018) he made an instant impact in the crochet world. Zabbez's patterns are popular due to their extremely clear step-by-step descriptions, which make the lively and original designs a pleasure to crochet for both beginners and the advanced. *Crochet Your Own Underwater World* contains 15 unique patterns, from mermaids and colourful fish to beautiful aquatic plants.

Kosmos, Arts & Crafts,
112 pages, July 2019

Crocheting gifts for tiny tots
A year of creativity and inspiration

ROSANNE BRIGGEMAN

Crocheting Baby Toys

It is not easy to think of a good baby gift. This attractively-designed crochet book – the second book by Rosanne Briggeman – features charming gifts for babies and their parents, such as lovely big cuddly toys, mobiles, rattles, pram toys, dummy chains and music boxes. The book includes step-by-step patterns for both novice and advanced crocheters, from fierce dinosaurs and leopards to sweet zebras and cute swans

Kosmos, Arts & Crafts,
96 pages, February 2019

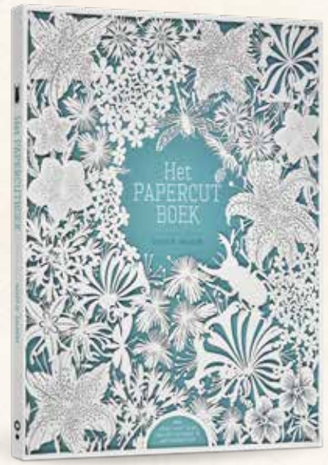
* **Dutch pdf** *

Paper cutting: from craft to craze
Have fun with paper!

GEERTJE AALDERS

The Paper Cut Book

With this brilliant and inspiring handbook by illustrator and paper cut artist Geertje Aalders anyone can start paper cutting in no time at all. For anyone who is a fan of those beautifully-cut cards, posters and silhouettes on Instagram and Pinterest, but does not know where to begin, this book is ideal. Full of clear step-by-step instructions, tips, tricks, lots of inspiration and original projects including templates. A book that can be used by both beginners and the more advanced!



Kosmos, Arts & Crafts,
96 pages, February 2019

* **Dutch pdf** *

The ultimate crochet pattern book for scarves

SASCHA BLASE-VAN WAGTENDONK

Crocheting Scarves, Sascha-Style

25 Crochet Patterns, from Warm Winter to Lightweight Spring Scarves

Not for nothing are scarves among the most popular items of clothing for people to crochet themselves. Sascha's crochet patterns are suitable both for beginners and the advanced: they are a wonderful mixture of simple patterns and more challenging projects – something for everyone, then! The book contains designs for no less than 20 different scarves. The patterns are written in text and charted in symbols. Once everything is in place, you can simply start crocheting, which makes crochet mindful and relaxing. Sascha also gives advice on materials, yarns, use of colour, draping, styling, and how to wash the scarves.

Kosmos, Arts & Crafts,
128 pages, April 2019

* **Dutch pdf** *

Crochet the Fair Isle way!

NATASJA VREESWIJK

Fair Isle Crocheting Workshop

Vintage decorations

A book for crocheters who want to go one step further, with a complete Fair Isle workshop, a traditional technique that we know from knitting. In this book, Natasja Vreeswijk shows that you can also apply Fair Isle to crocheting. This book features 15 home decorations with geometrical patterns and black and white as a basis; from (baby) blankets and cushions to hip plant baskets in beautiful colour combinations. Step-by-step projects that are accompanied with handy crocheting plans and wonderful photos.

Kosmos, Arts & Crafts,
112 pages, 8.000 words, May 2018

Rights sold to: Search Press (World English), BPA media (Germany), Moreeni | Otava (Finland)

The hot new creative trend!

NIENKE VAN DER ZWAN

Dot Painting

Decorating Ceramics in the Dot Painting Style

DOT PAINTING LANDED ON #16 OF THE NATIONAL BESTSELLER LIST UPON PUBLISHING

Painting dots on ceramics: that's *dot painting style*. During a journey through Australia, Nienke van der Zwan was amazed by Aboriginal art. Back home, she perfected this easy technique for making trendy dotted patterns – simple, yet with impressive results! In this colourful, inspirational book, Nienke gives step-by-step instructions for applying these delightful dots to white ceramics. From bowls to mugs, to vases… the possibilities are endless!

Kosmos, Arts & Crafts, 144 pages,
17.000 words, August 2018

* **Dutch pdf** *

Nienke van der Zwan travelled and worked abroad for many years. She devotes herself to dot painting full-time. Nienke gives workshops throughout the country. Instagram: @stipstijl

IMAKIN makes do-it-yourself easy
Easy to understand, original and a lot of fun!

JINSKE VERPALEN

Just Do It Yourself!

30 DIY lifestyle projects using wood, paper, concrete, pottery, wire, leather, clay, paint & ink, textiles and metal

DIY is modern, hip and unique! IMAKIN has proven that time and again with simple projects inspired by the latest lifestyle & design trends. *Just Do it Yourself!* contains 30 brand-new lifestyle projects, using 10 different basic materials, all created by IMAKIN's creative entrepreneur Jinske Verpalen. These objects won't end up gathering dust at the back of a closet – they're trendy interior design items anyone can be proud of!

Jinske Verpalen is the founder and owner of IMAKIN. She sells complete DIY kits and creative materials online through www.imakin.nl

Kosmos, Arts & Crafts, 160 pages,
11.000 words, October 2018

* **Dutch pdf** *

Punch needling is the new craft craze
Quick and easy with impressive results!

MARIANNE DEKKERS-ROOS

Workshop: Punch Like a Pro

Patterns and Techniques

Punch needling is the new craze in the handicraft world. With a hollow needle you draw, so to speak, with yarn on fabric. Great fun, super easy, and extremely addictive! Workshop: *Punch like a Pro* is a practical guide for beginners. It contains clear explanations about the techniques, and patterns for all sorts of occasions. How about a picture of a summery VW camper, especially for Valentine's Day? Or a spectacular work of art for New Year's Eve?

Kosmos, Arts & Crafts,
96 pages, August 2019

Incorporate texture into your crochet work
Workshop about cables and textures!

LEONIE SCHELLINGERHOUT

Workshop: Crocheting Cables and Textures

With cables and textures, there are no limits to what you can crochet. From trendy home accessories such as woolly cushion covers and handy baskets, to comfortable soft items for the baby's bedroom, a blanket with a beautiful motif or a cute cuddly rabbit. With this complete workshop by Leonie Schellingerhout, you have more than 30 step-by-step projects at your fingertips. The techniques are explained with illustrations and text – extra helpful for the novice cable crocheter.

Kosmos, Arts & Crafts,
160 pages, August 2019

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

A pony puff. Ugly sweater for the dachshund. A rainbow sponge.
Totally unknittable – or not?

MARIEKE VOORSLUIJS & BARBARA LÖHNEN

Homey Knitting Projects With Club Geluk

Marieke and Barbara, the two creative women behind Club Geluk (Club Happiness) practice knit art. Their accessories and figures designs are the quintessence of quirky handicraft. Club Geluk designs 50s-inspired (handmade) living items, replicas of everyday objects, and unique gifts. The duo catapulted to international fame when Marieke knitted a doppelgänger of her son. News portals such as Metro, Cosmopolitan and Huffington Post have chronicled the creation of the rather unusual knit product. Other bizarre items have been featured in Good Morning America.

he Homey Knitting Projects book contains 23 surprising and unique projects, littered with funny retro cartoons and ads. Get ready to plunge into knit art beyond needlework as we know it! And don't forget to check out their website!

Kosmos, Arts & Crafts,
128 pages, March 2018

Club Geluk (www.clubgeluk.nl) has been creating a range of realistic and amusing knit-work and crocheted items since 2004, without dropping a stitch.

MARIEKE VOORSLUIJS

Crochet Mini Christmas Sweaters and Christmas Decorations

In 2018 we could hang the tree with wonderfully kitsch mini knitted Christmas sweaters. This year, by popular request, everyone can now make wonderfully kitsch crocheted Christmas sweaters! This book contains a basic pattern, plus more than twenty designs to crochet and embroider. To make things even more festive, the book also features patterns for matching mini Christmas socks, hats and mittens. The patterns are presented in Dutch and English, and include charts and hilarious photos. A Club Geluk Christmas for everyone to enjoy!

Kosmos, Arts & Crafts,
80 pages, September 2019

For more information, please contact Julia Foldenyi • julia@sharedstories.nl

HIGHLIGHT – ART & CRAFTS

Rag dolls are back!

SASCHA BLASE - VAN WAGTENDONK

Crocheted Rag Dolls 3

Around the world

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Part 3 of the successful *Crocheted Rag Dolls* series contains 18 new crochet figures. They come from all over the world: from a flamingo and koala to a Russian doll and Dutch farmer's wife. Unlike the rag dolls in the first two parts, these ones have several basic forms. Therefore even more crocheted variety and challenges! The crochet projects are described in a clear way, including explanations of all the crochet stitches used and tips and tricks for various yarns. Suitable for crocheters of all skill levels!

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Sascha Blase started crocheting and designing her own free patterns a few years ago. Her blog *A la Sascha* has grown popular among hobby crafters. *Crochet Rag Dolls* is her third book.

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