



Houtekiet
Genres – literary fiction, crime fiction, thriller, historical fiction, women's fiction, sports, esoteric, crafts, upmarket literary non-fiction, history, economy, philosophy, science, medicine
Authors – Cynthia Ozick, Walter Moers, Jostein Gaarder, Magda Szabó, Jo Claes, Bavo Dhooge, Bob Van Laerhoven

Luitingh-Sijthoff
Genres – thriller, crime fiction, historical fiction, fantasy, chick-lit, novel, narrative non-fiction, children's books, picture books, YA fiction
Authors – Dan Brown, Stephen King, George R.R. Martin, Graeme Simsion, Jill Mansell, Giulia Enders, Terry Goodkind, Jessie Burton, Lee Child, Danielle Steel, Tony Crabbe, Benji Davies

Ambo|Anthos
Genres – literary fiction, literary thriller, upmarket & literary non-fiction, history, philosophy, psychology, society
Authors – Milan Kundera, Jonathan Safran Foer, Tatiana de Rosnay, Eleanor Catton, Nicci French, Camilla Läckberg, Herman Koch, Annette Lavrijsen, Esther Verhoef, Jannah Looijens

AnkhHermes
Genres – esoteric, spirituality, mind, body & spirit, health, personal growth
Authors – Eckhart Tolle, Lynne McTaggart, Ervin Laszlo, Louise Hay

Ten Have
Genres – philosophy, religion, spirituality, personal growth, psychology, grief & hardship, business spirituality, mindfulness
Authors – Matthieu Ricard, Thich Nhat Hanh, Michael Puett, Deepak Chopra, Eline Snel

De Fontein
NOVELS & THRILLERS
Genres – crime fiction, thriller, true crime, historical fiction
Authors – R.J. Ellory, Sophie Hannah, Peter James, Joanne Harris, Karen Rose, Jojo Moyes
YOUTH
Genres – children's books, picture books, YA fiction
Authors – Quentin Blake, Roald Dahl, Jonny Duddle, Mark Haddon, Jeff Kinney, Rachel Renée Russell

Kok | Omniboek
Genres – religion & church, Christian fiction, faith-based non-fiction, historical non-fiction, family sagas & regional novels, children's books, YA
Authors – Nick Vujcic, Malala, Norman Stone, Andrew Roberts, Brigitte Hamann, C.S. Lewis, Paul Dowswell, Elizabeth Musser, Laura Hillenbrand

Kosmos
Genres – food & drink, art & crafts, family & health, parenting, personal growth & spirituality, self-help, icons, travel & leisure, natural history & gardening
Authors – Jamie Oliver, John Wiseman, National Geographic, Peter Hayman, Deepak Chopra, Arne & Carlos, Alex Ferguson, Baptist de Pape, Ella Woodward

Mozaïek
Genres – literary fiction, poetry, children's books, gift books
Authors – Els Florijn, Carry Ulreich

Veen Media
Genres – magazines on science, philosophy, history and food & drink
Brands – New Scientist, Jamie Magazine, Historisch Nieuwsblad

Klement
Genres – philosophy, cultural history, political theory
Authors – Hanna Arendt, Alain Badiou, Bernard Stiegler, Zygmunt Bauman



RECENT INTERNATIONAL RIGHTS DEALS NON-FICTION

Sitting Still Like a Frog by Eline Snel

Recently sold to **Lua de Papel (Portugal)**

Previously sold to Les Arènes (France),

Les Editions Transcontinentales (Canada),

Gads Forlag (Denmark), Dong-A Ilbo (South-

Korea), Arneberg Forlag (Norway), Azbooka-

Atticus (Russia), Pegasus (Turkey), Goldmann

Verlag (Germany), Living Psychology Publishers

(Taiwan), CoJaNaTo (Poland), Samgha (Japan),

Scolar Kiadó (Hungary), Red Edizioni (Italy),

Biz books (Czech Republic), Rocco (Brazil),

Natur och Kultur (Sweden), Chemical Industry

Press (China), Modan (Israël), Thaihbooks

(Vietnam), Editorial Kairós (Spain)

Pancake Adventures by Willem Dieleman

Recently sold to **Bastei Lübbe (Germany)**

Workshop Fair Isle Crochet by Natasja

Vreeswijk

Recently sold to **Moreeni (Finland), BPA**

Media (Germany), Search Press (UK)

Natural Crochet by Maaïke van Koert

Recently sold to **BPA Media (Germany)**

Cook with Shane by Shane Kluivert

Recently sold to **Dorling Kindersley Verlag**

(Germany)

The Art of Cyarine by Laura Brouwers

Recently sold to **Blue Star Press (USA)**

Crocheted Rag Dolls 2 by Sascha Blase-van

Wagtendonk

Recently sold to **BPA Media (Germany)**

Plant Pharmacy by Lisette Kreischer

Recently sold to **Scolar (Hungary)**

IMAGINE.SHOOT.CREATE by Annegien

Schilling

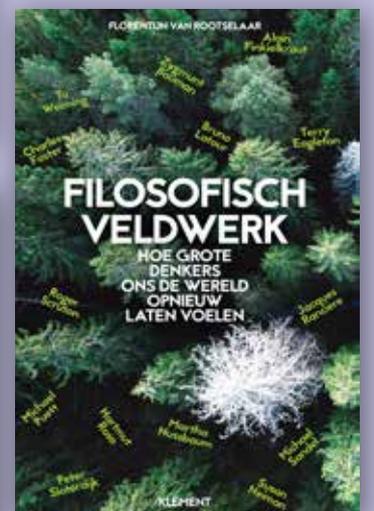
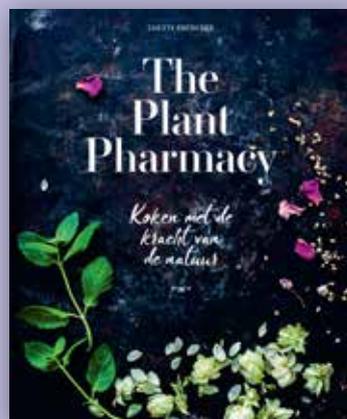
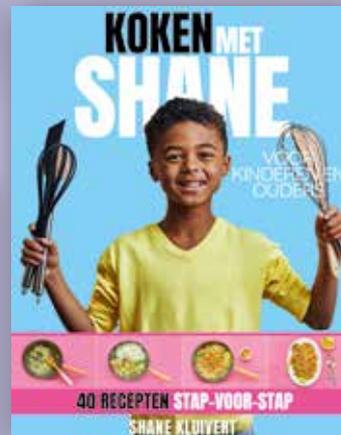
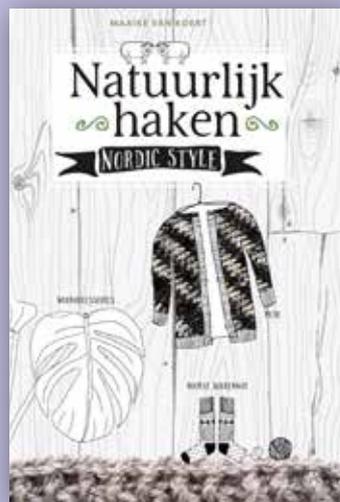
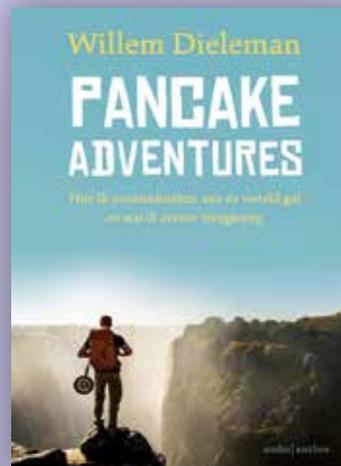
Recently sold to **Stiftung Warentest**

(Germany)

Philosophical Fieldwork by Florentijn van

Rootselaar

Recently sold to **WBG (Germany)**



*A fascinating new book by internationally published author
Featuring 30 recipes from the energetic kitchen*

MARJOLEIN DUBBERS

Eat More Energy

For a lively and vital life

DUBBERS' PREVIOUS BOOK *THE WOMEN'S FOOD COMPASS* SOLD OVER 40.000 COPIES AND HAS BEEN TRANSLATED INTO ENGLISH, GERMAN AND HUNGARIAN

Where is energy produced in our bodies? During her research, Marjolein Dubbers found the source of vitality in mitochondria, the cell components that act like tiny power plants. Strengthening and multiplying these mitochondria is the only sure-fire way to boost our energy. The right nutrition, including healthy fats, can help: mitochondria generate twice as much energy from healthy fats as they do from sugars and carbohydrates. With her usual enthusiasm and great expertise, Marjolein delves into the fascinating world of mitochondria, enzymes and gut flora. She examines the role of fats, fibres, antibiotics and food supplements as energy boosters or energy drains. *Eat More Energy* is packed with fascinating facts. Did you know that ovaries are a real treasure trove of mitochondria? The darker a fruit, the more antioxidants it contains? That some processed food products may contain petroleum? That cholesterol is not as evil as we tend to think?

With 30 energising recipes, suitable for dozens of weekly menus.

PRESS ON HORMONE POWER:

‘There are natural ways to bring female hormones back into balance. Bestselling Dutch author Marjolein Dubbers knows all about how to achieve that.’ – GLÜCKSPPOST



Kosmos, Health, 288 pages,
78.000 words, November 2018

*** English sample translation ***



Marjolein Dubbers started the online Energieke Vrouwen Academie (Energetic Women's Academy) for which she writes a weekly article. She is known for her clear explanations that have inspired thousands of women to change their eating habits. Her previous book has been sold to Canada (World English), Germany and Hungary.

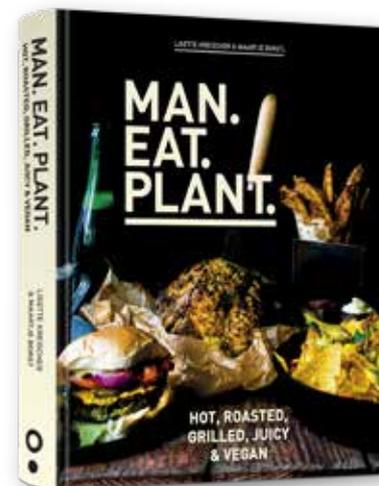
‘Compassion is sexy as f k’ – John Lewis of Badass Vegan*

LISETTE KREISCHER & MAARTJE BORST MAN.EAT.PLANT

FEATURES VEGAN HEROES LIKE DEREK SARNO OF *WICKED HEALTHY* AND JOHN LEWIS OF *BADASS VEGAN*

The expansion of veganism, a movement driven mostly by the young, means that we need to re-define traditional stereotypes. The idea that real men eat meat no longer rings true in this day and age. *Man.Eat.Plant* shows us that it is no longer macho and no longer necessary to eat meat. This tough guy cookbook offers vegan twists on all your favourite comfort classics. Think epic roasts, eggplant dogs, tempeh sate or The Ultimate Mushroom Burger.

This book will show the world that everything we think we know about food can be turned upside down without having to give up on taste.



Kosmos, Food & Drink, 144 pages, 21.000 words, September 2018

* English sample translation *



Lisette Kreischer is one of the kick starters of the vegan movement in the Netherlands. She has been vegan since 2001, is co-founder of the famous Dutch Weed Burger and has written nine successful (cook)books, including *Ecofabulous Cooking in All Seasons*, the successful and internationally acclaimed *Ocean Greens* and her most recent *The Plant Pharmacy*.

Maartje Borst is a vegan chef in heart and soul. For a number of years she has been running her cafe in Amsterdam, Koffie ende Koeck, where she serves all kinds of special plant based delicacies.

*Avocados the #1 superfruit
From Amsterdam's world-famous avocado restaurant*

**RON SIMPSON, JULIEN ZAAL
& COLETTE DIKKE**

The Avocado Show

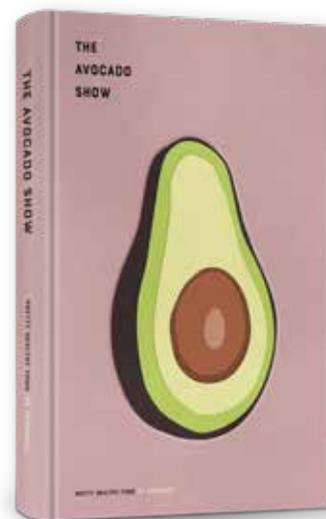
**RESTAURANT EXPANDING GLOBALLY 100.000 FOLLOWERS
ON INSTAGRAM**

Everyone knows that avocados are today's hippest ingredient. But more than just delicious, nutritious and healthy: avocados are the ultimate addition to both sweet and savoury dishes, and very Instagrammable! Two friends recently opened the world's first avocado restaurant in Amsterdam, and it's become an instant global hot spot. With the help of Fooddeco, their favourite food developer & stylist, they display tasty and delicious culinary creations and recipes, all featuring avocado, the #1 super fruit.

PRAISE FOR THE RESTAURANT:

'Whether it's breakfast, lunch or dinner, the restaurant promises to serve diners a spectacular show on their plate. Through social media The Avocado Show has racked up hundreds of millions of views, clicks, likes and shares.'

– FRESHFRUITPORTAL.COM



Kosmos, Food & Drink, 144 pages,
November 2018

*** full English translation ***



Ron Simpson and **Julien Zaal** are the two creative entrepreneurs responsible for The Avocado Show: the world's first avocado restaurant franchise and life-style brand with international ambitions. The founders have received 150 license requests and they plan to go international in the next months. A documentary about the avocado is also in the works.

*Baking responsibly!
80% plant-based, 90% allergen free, 100% delicious*

FOOD BANDITS Smart Cookies

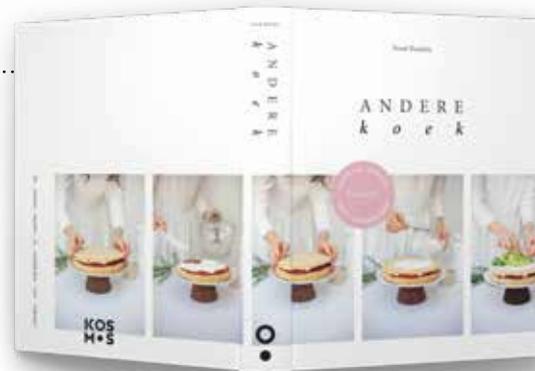
A gluten-free, lactose-free, vegan & natural sugars baking book

ENGLISH-LANGUAGE BLOG AND WEBSITE

Are you on a plant-based diet, suffer from allergies or food intolerance, or would you simply like to enjoy healthier treats? Then this gorgeous baking book by Food Bandits is for you! Almost all the recipes are gluten and lactose-free, vegan, and sweetened only with natural sugars. Because nothing is as delicious as a home-baked cake, and there's no better start to the day than a delicious stack of pancakes. Even if there are some ingredients you're not allowed – or don't choose – to eat! Includes styling and photography tips for food-bloggers to be.

PRAISE FOR **FOOD BANDITS**:

'Two's company for Suus and Johann, the Dutch couple behind @food-bandits, an Instagram account that captures healthy food wonderfully arranged and bathed in Holland's special light.' –VOGUE (US)



Kosmos, Food & Drink, 176 pages,
October 2018

*** Dutch pdf ***



Food Bandits is an English-language food blog created by Suus, Johann and dog Moos. This jolly trio started Food Bandits five years ago. Today, they've become international stars thanks to their delicious 'free-from' recipes and their mouth-watering food styling and photography.

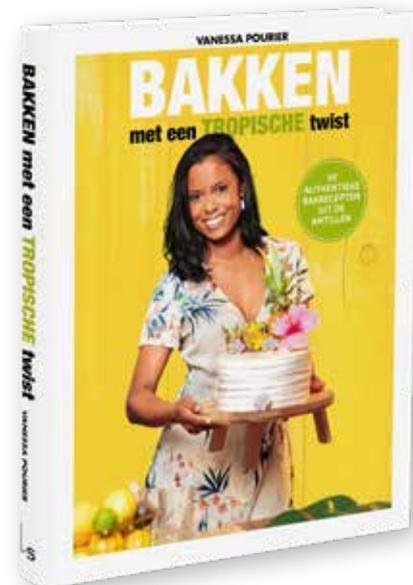


VANESSA POURIER

Baking with a Tropical Twist

50 authentic baking recipes from the Antilles

Baking with a Tropical Twist is a baking cookbook full of cakes, bread, biscuits and no-bake treats from the Antilles. It presents a mouth-watering tropical feast featuring date cake with walnuts, meringue kisses and delicious mango muffins. Vanessa Pourier makes good use of her Antillean background to create these delightful, easy-to-follow tropical baking recipes. Baking the most delicious tropical cakes and other desserts is easy as pie using this first Antillean cookbook ever published in the Netherlands.



Luitingh Sijthoff, Food & Drink,
160 pages, 160 pages, 12.000 words,
November 2018

* Dutch pdf *



Vanessa Pourier (1985), born in Curaçao, learned her love at baking at her mother's – and grandmother's – knee. During her studies in medicine, this hobby grew into a passion. In 2017, Vanessa participated in the famous Dutch baking programme, *All of Holland is Baking*, and became a well-known celebrity baker as a result.

International YouTube star and football child prodigy rolls up his sleeves for some kitchen business!

SHANE KLUIVERT

Cook with Shane

For children and parents

The most exceptional cookbook of the year comes from Shane Kluivert! This multi-talented young man is not only a fantastic footballer, he's also well on his way towards becoming the next Jamie Oliver, with more than hundreds of thousands of views on his YouTube channel featuring cooking videos. In this book, the popular young food vlogger shares his 40 favourite recipes, which children can make at home either on their own or together with mum or dad: delicious, quick, and step-by-step. Also suitable for those over the age of 18 who aren't a dab hand in the kitchen!

Following in the famous footsteps of his father – Netherlands and Barcelona legend Patrick – Shane Kluivert is quickly making a name for himself. The tech-savvy ten-year old announced he has signed a contract with sportswear giant Nike on his Instagram account – which already has over 300,000 followers. Shane speaks Dutch, English, Spanish and French fluently and currently lives in Barcelona with his family.

PRESS ON SHANE KLUIVERT:

'Shane Kluivert is now the third member of the Kluivert dynasty to make a name for himself.' – BBC

'However, his talents don't stop there. Despite his tender age, Shane is a true expert of social media, amassing thousands of followers.'

– LA VANGUARDIA



Kosmos, Food & Drink,
176 pages, 8.000 words,
March 2018

* English sample translation *

**Rights sold: Dorling Kindersley
Verlag (Germany)**



Shane Kluivert (2007) plays football for the youth team of FC Barcelona and is also an avid cook. Through his YouTube channel (nearly 80 000 subscribers) and Instagram, he shows us how easy it is to prepare tasty and healthy meals.

The challenge every parent faces

A book that spills the beans about getting kids to eat enough fruits and vegetables

GEES VAN ASPEREN

From Little Pea to a Good Egg

Fruit and vegetable recipes to help kids grow

Do you rely on a ‘carrot and a stick’ to get kids to eat their daily portion of fruit and vegetables? That’s a challenge facing all parents and parents-to-be. This cookbook is fact-filled and packed with activities for (expectant) moms and dads. It helps you and your children understand how healthy, delicious – and fun! – fruit and vegetables can be. Perfect for busy parents: every recipe is suitable for the whole family, even baby. This book will remain the apple of your eye, and an invaluable source of daily inspiration.



Kosmos, Food & Drink, 176 pages,
25.000 words, May 2018

★ English sample translation ★



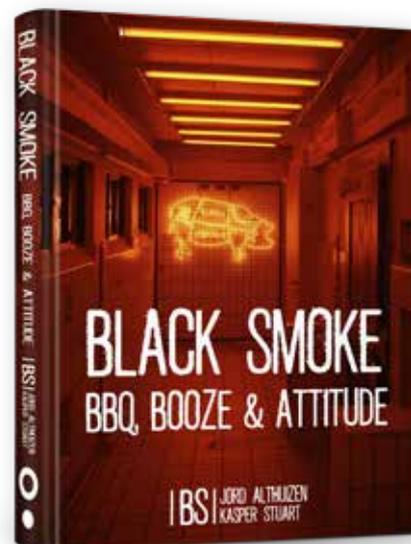
Gees van Asperen Gees van Asperen lives in Amsterdam with her husband and children. She develops recipes, workshops and food concepts, works as a food stylist and has written cookbooks. In her work, she focuses on (expectant) parents and their children.



For grill-masters aiming for culinary heights

JORD ALTHUIZEN & KASPER STUART Black Smoke *BBQ, Booze & Attitude*

Do you want to stir things up at your next BBQ? Then *Black Smoke*, a special edition BBQ book, is for you. In addition to blow-your-socks-off recipes for the grill or smoker, there are award-winning cocktails from Belgium's Best Bartenders, plus a healthy dose of Tasty Travels, and all you need to know to get your party smokin'. It's the perfect gift for ambitious BBQers who enjoy showing off.



Kosmos, Food & Drink, 240 pages,
November 2018

* Dutch pdf *



Jord Althuisen (Smokey Goodness) and catering entrepreneur **Kasper Stuart** are the guys behind Antwerp's Black Smoke BBQ restaurant, that's so popular, there's always a huge waiting list for tables. Their newest venue will be opening in Rotterdam this December.

More Tinned Fish
The long-awaited follow-up to the classic

BART VAN OLPHEN & DAVID LOFTUS Cooking with Tinned Fish 2

20.000 COPIES SOLD OF *COOKING WITH TINNED FISH 1*
70.000 INSTAGRAM FOLLOWERS

With *Cooking with Tinned Fish 2*, celebrated fish connoisseur Bart van Olphen proves once and for all that fish from a can is the hidden superhero in everybody's pantry. This brand-new edition shows off the enormous versatility of this trusty kitchen staple and is filled with mouth-watering recipes accompanied by photos taken by David Loftus. What's more, readers are sure to make more sustainable choices once they've read the amazing stories of Fish Tales. With this book in hand, we'll all be able to continue enjoying tinned fish for years to come.

PRAISE FOR *COOKING WITH TINNED FISH 1*:

'Bart is my fish hero – this book rocks! I'm off to buy some tinned fish...'

– JAMIE OLIVER



Kosmos, Food & Drink, 144 pages,
January 2019

* English sample translation *



Bart van Olphen is co-founder of tinned fish brand Fish Tales (www.fish-tales.com). Bart set up the first sustainable fishmongers in Europe and knows all about how we can enjoy great fish without harming stocks for future generations. His Fish Tales videos on YouTube are an internet sensation and he quickly became a member of Jamie Oliver's FoodTube Network. His Fish Tales products are also available in Germany and at Waitrose stores in the UK.



COOKBOOKS, RECIPES AND CULINARY ADVENTURES

Seaweed, cuisine's hot new vegetable

TOINE WILKES WITH BART VAN OLPHEN

Cooking with Seaweed and Other Saline Vegetables WITH AMAZING PHOTOGRAPHS BY DAVID LOFTUS

Seaweed is nothing new: we're all familiar with Poké bowls sprinkled with flakes of nori, sushi with wakame salad, or lamb served with braised sea lavender. But those are just the tip of the iceberg when it comes to using these healthy, sustainable and delicious products from the sea and dunes. Discover these delightful seaweed recipes from renowned seafood expert Bart van Olphen (Fish Tales) and seaweed king Toine Wilke (Sea Green).



Kosmos, Food & Drink,
144 pages, 15.000 words, June 2018

* English sample translation *



Soup, super healthy and always delicious!

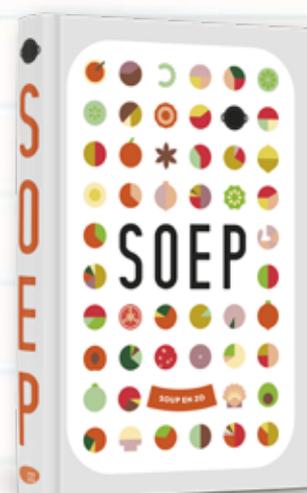
ELISE ELISE & JAMIE THOMAS

Soup

Sometimes you just want a simple soup, at other times a culinary masterpiece: in *Soup* you will find your favourite soup for every day. The soup chefs from Amsterdam's popular *Soup en Zo* share their 75 best recipes. With an emphasis on the base and flavour profile, you can learn to make your own personal favourite soup.

PRAISE FOR SOUP & ZO:

'Whichever you choose, all the soups are excellent.' – ***** TRIPADVISOR



Kosmos, Food & Drink,
144 pages, August 2016

**Rights sold: Herder | Urania
(Germany)**

* English sample translation *

FOOD & DRINK

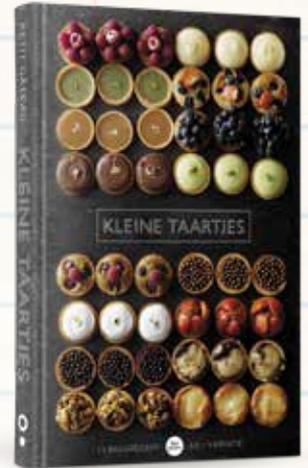
Mix & Match with Petit Gâteau

MEIKE SCHALING

Miniature Tarts

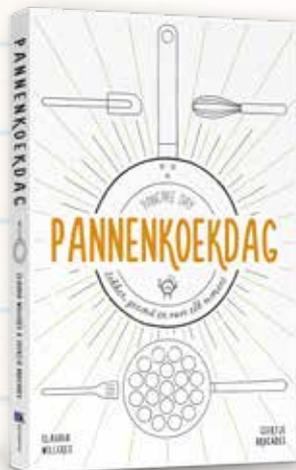
1 basic recipe – 60 variations

The popular miniature tarts – miniminis – from French patisserie Petit Gâteau are real eye candy, coming in an infinite variety of flavours and colours. This book contains a collection of the most delicious of these artful tarts with short-crust pastry bases. For all bakers, experienced and beginners alike, who want to learn how to fill and decorate.



Kosmos, Food & Drink,
160 pages, May 2018

* Dutch pdf *



Pancakes: a party every day of the week!

**CLAUDIA WILLEKES & GEERTJE BROCADES
ZAALBERG-TENSEN**

Pancake Day

Delicious, healthy and for any time of day

In *Pancake Day*, Claudia Willekes and Geertje Tensen show that pancakes can be more than just delicious; they can be super healthy too. *Pancake Day* is a family cookbook jam-packed with pancake recipes for any time of day. Easy to make and with endless varieties. So that every day can be a pancake day!



Kosmos, Food & Drink,
160 pages, September 2017

* Dutch pdf *

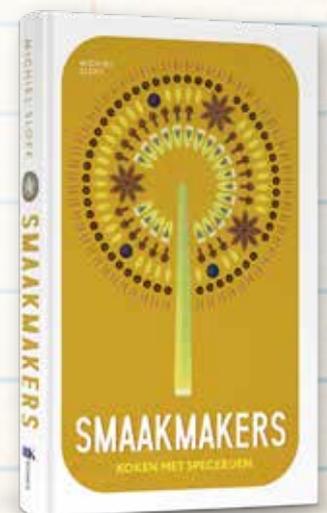
Spice up your life!

MICHIEL SLOFF

Spice

Cooking with Spices

Discover the exciting world of spices from parsley to nutmeg through pimenta and learn to spice up all kinds of dishes from chicken soup or rice meals to delicious cakes. With saffron, mace, star anise or vanilla, it's easy to give familiar dishes a new twist. From sweet potato salad with cumin, or squid with allspice, to Dutch cake with ginger or hot chocolate with star anise: this book provides a whole host of ways to spice up your life.



Kosmos, Food & Drink,
160 pages, September 2017

* Dutch pdf *

An important book about an unfairly maligned organ

**MARIËTTE BOON
& LIESBETH VAN ROSSUM**

Essential Fat

*Facts and fiction behind nutrition, fat burning
and fat triggers*

**TWO LEADING RESEARCHERS SEPARATE FACT FROM FICTION
ABOUT BODY FAT**

100% SCIENTIFICALLY SOUND, 100% FASCINATING

FOR FANS OF GIULIA ENDERS AND YAEL ADLER

Everywhere you look, whether it be on TV or in the magazines, you're confronted with the same message. You need to be thinner, you need to be on a diet, you need to take so-called 'fat burning' supplements. But should this be accepted wisdom? What do we know about the fat that we would like to lose rather than embrace? No other organ - yes, fat is an organ - has so many prejudicial attitudes towards it with people having such limited knowledge about it.

And that is completely unjustified, as doctors and fat researchers Mariëtte Boon and Liesbeth van Rossum show in *Essential Fat*. In their thorough and accessible book, these two scientists will talk about the latest research in this field of study. Biscuit anyone?

DID YOU KNOW THAT:

- ...fat is not just a pile of blubber that protects us from the cold?
- ...fat generates important hormones?
- ...fat can communicate with your brain?
- ...fat is essential to staying alive?
- ...the cause of excess fat often has nothing to do with too much food or too little exercise?
- ...stress, genetic predisposition and hormonal disorders effect the fat in your body?
- ...fat shaming has significant psychological effects?
- ... a crash diet does not benefit you...
- ... and it is perfectly fine to treat yourself occasionally to a slice of cake?

Ambo|Anthos, Popular Science,
288 pages, March 2019

*** English proposal & sample ***

Mariëtte Boon (1988), MD (cum laude), PhD (cum laude) is internal medicine specialist in training. Her research, performed at the Leiden University Medical Center, Leiden, focuses on fat metabolism. Especially on brown fat, a type of fat that burns fat rather than stores it. She has been awarded numerous prestigious national and international prizes for her research. Her favourite sport is tennis and her favourite food chocolate.

Professor Dr Liesbeth van Rossum (1975), MD (cum laude), PhD (cum laude) is internist-endocrinologist at the Erasmus University Medical Center, Rotterdam. She is co-founder of Obesity Center CGG, and has an internationally leading position in the field of obesity and biological stress research. Van Rossum is a frequently invited speaker, including a TEDx talk, and received over 20 (inter)national awards for her scientific research. She's also an athletics fanatic.

After internationally trending books on guts, skin and the vagina, the mouth is put into the limelight

YVONNE KORT

A Mouthful of Good Health

Ten steps to optimal oral health

FOR FANS OF GIULIA ENDERS AND Yael Adler

The condition of the mouth – like that of the digestive tract and skin – can speak volumes about a person’s overall health. Besides fulfilling essential functions, the mouth is a window into what’s going on in the rest of your body.

A Mouthful of Good Health by Yvonne Kort will change the way you see the mouth. With useful advice, and practical tips and a 10-step plan for optimal oral health, you’ll learn why your mouth is of vital importance to your overall well-being.

On top of that, the book is scattered with intriguing facts: did you know that dental enamel is the hardest material in your body? That fluoride was only added to toothpaste after the Second World War? And is it true that you lose a tooth with each pregnancy.

PRESS ON A MOUTHFUL OF GOOD HEALTH:

‘In this book, Yvonne Kort provides the reader with golden tips to keep a good oral hygiene.’ – FEELING.BE



Kosmos, Health, 208 pages,
42.000 words, July 2018

* English sample translation *



Yvonne Kort is an oral hygienist, orthomolecular therapist and vitality coach, and a well-known expert on the topic.



The perfect running book for real women!

CORIEN ORANJE & MARIJKE TEN CATE

I'll Start Tomorrow!

From being addicted to excuses to becoming a running junkie

Running is good for you, but how do you get started? And how do you keep it up? In this full-colour running book, Marijke ten Cate and Corien Oranje share their running experiences. Honest, funny and identifiable. They share their tips and tricks, and explore the world of running with a healthy dose of humour. This book is about running clothes, injuries, running techniques and the psychology of running.

Running can help you lose weight or improve your mood. With lots of drawings, motivational stories, quizzes and interviews: start running today!



Kok, Lifestyle,
208 pages, May 2018

* English sample translation *

Rights sold to: Nemo | Otava (Finland)



Marijke ten Cate is an illustrator and created the amusing drawings for this book. Her children's book *Where is My Sock?* has been translated into Chinese and several of her books that were published by Lemniscaat were also published in English.



Corien Oranje has written many books, for children and adults. Her book *The Day of Waves* has been translated into Indonesian. They both enjoy running, creating the perfect duo for this book.



1 in 5 people quickly become overwhelmed

**LIESBETH KAMERLING
EN LIEKE ZUNDERDORP**

Overwhelmed

First aid for highly sensitive people

Highly sensitive people (HSP) are born with a delicate nervous system. Light, sound and even other people's emotions can quickly become too much. The authors – both experts with hands-on experience – use a light-hearted and humorous touch to explain just what high sensitivity means. With plenty of simple tips and tricks to help you put your best foot forward without becoming overwhelmed. People with high sensitivity and their loved ones will identify with the numerous real-life examples found in this book.

PRESS ON OVERWHELMED:

'Liesbeth Kamerling and Lieke Zunderdorp wrote a book brimming with practical tips on how they avoid getting overwhelmed.' – HAPPINEZ



Kosmos, Health, 192 pages,
20.000 words, September 2018

*** English sample translation ***



Liesbeth Kamerling is an actress, coach and homemaker.

Lieke Zunderdorp is a psychologist, coach, and the mother of twins.

*Balance and energy for mothers
Power mom Esther van Diepen shows you how*

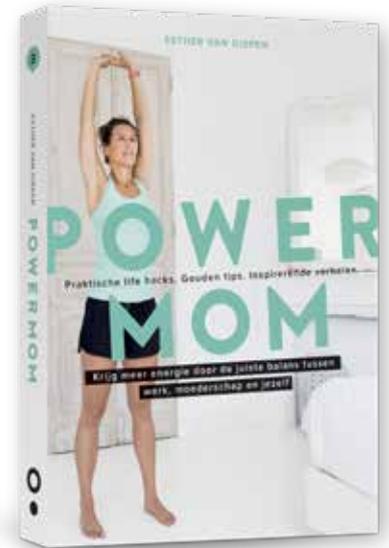
ESTHER VAN DIEPEN

Power Mom

Enjoy more energy by finding the right balance between work, family and yourself

THIS SUCCESSFUL ENTREPRENEUR, FORMER ATHLETE AND MOTHER OF FOUR HAS WRITTEN THE ULTIMATE GUIDEBOOK FOR ALL MOTHERS.

Many women put themselves in last place once they've become mothers. It's a considerable challenge to combine work, family and 'me time'. This book helps mothers take better care of themselves, so they feel on top of the world! With inspiring stories, valuable tips and practical life hacks.



Kosmos, Health, 160 pages,
28.000 words, October 2018

*** Dutch pdf ***



Esther van Diepen inspires and supports ambitious working mothers with her companies Mom in Balance and SHE Performance.

Dutch kids are ranked among the happiest in the world – here are some priceless tips to achieve that bliss!
Ria Blom guides readers from chaos to peace and quiet

RIA BLOM

Understand Your Child

What every parent needs to know about development and behaviour

Peace and quiet: isn't that something every parent of young children longs for? Ria Blom, a paediatric nurse and author of the bestselling *Crying and Restlessness in Babies*, comes to the rescue! She offers useful insights into children's development and behaviour, essential for establishing a natural routine – something that will benefit the entire family. With handy tips and familiar examples based on a wealth of hands-on experience, helpfully arranged by age (birth - 4 years).

PRESS ON CRYING AND RESTLESSNESS IN BABIES:

'Ria Blom writes in a very clear and direct way, guiding you with a sure hand, but at the same time full of warmth and care. If you are at the end of your tether and you simply don't know where to turn for help, this book may be just what you have been waiting for.'

– ANNA PHILLIPS, NEW VIEW



Kosmos, Parenting, 192 pages,
52.000 words, August 2018

*** English sample translation ***

For more than 30 years, **Ria Blom** has been a paediatric nurse specialising in infants and toddlers. She's already sold more than 36,000 copies of her best-seller, *Crying and Restlessness in Babies*.

Fresh answers to your questions about upbringing from The Netherlands' top parenting experts

ANNEMIEK LECLAIRE Other Parents Are Also Just Winging It

**BASED ON THE POPULAR ADVICE COLUMN 'BROUGHT UP'
FROM NRC HANDELSBLAD**

The best parenting tips: How can you have more contact with your teenage son? Can your toddler sleep in your bed? Should parents always agree? Are music lessons essential for every child's development? Is your 14-year-old daughter ready for sex? And, how can you help your child learn to enjoy life? These are just a few of the questions asked every week in the 'Brought Up' advice column in *NRC Handelsblad*. Answers come from the best parenting experts and pedagogues in the Netherlands. These questions and answers, supplemented by new material and personal experience from journalist Annemiek Leclaire, together form an invaluable and up-to-date guide to raising children of all ages.

PRESS ON THE 'BROUGHT UP' COLUMN:

'A handy advice column.' – PROF. JELLE JOLLES,
NEUROPSYCHOLOGIST AND THE AUTHOR OF *THE TEENAGE BRAIN*

'As a pedagogue and mother, I read this column avidly.'
– CARINE KIELSTRA, DIRECTOR OF THE DUTCH TRIPLE P



Luitingh-Sijthoff, Parenting,
242 pages, 45.000 words,
October 2018

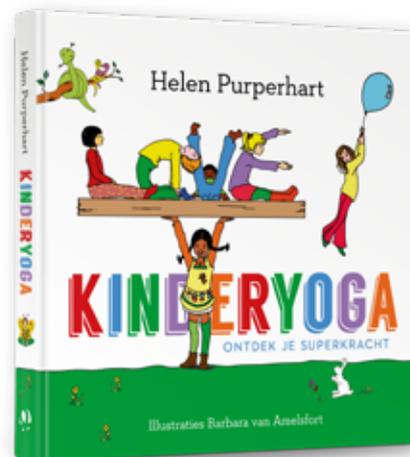
*** Dutch pdf ***



Annemiek Leclaire (1969) works as a journalist for *NRC Handelsblad*, *Vrij Nederland* and *Flow*. She has an adolescent son and daughter.

The popularity of yoga for kids is growing!

HELEN PURPERHART Yoga for Kids *Discover your superpowers*

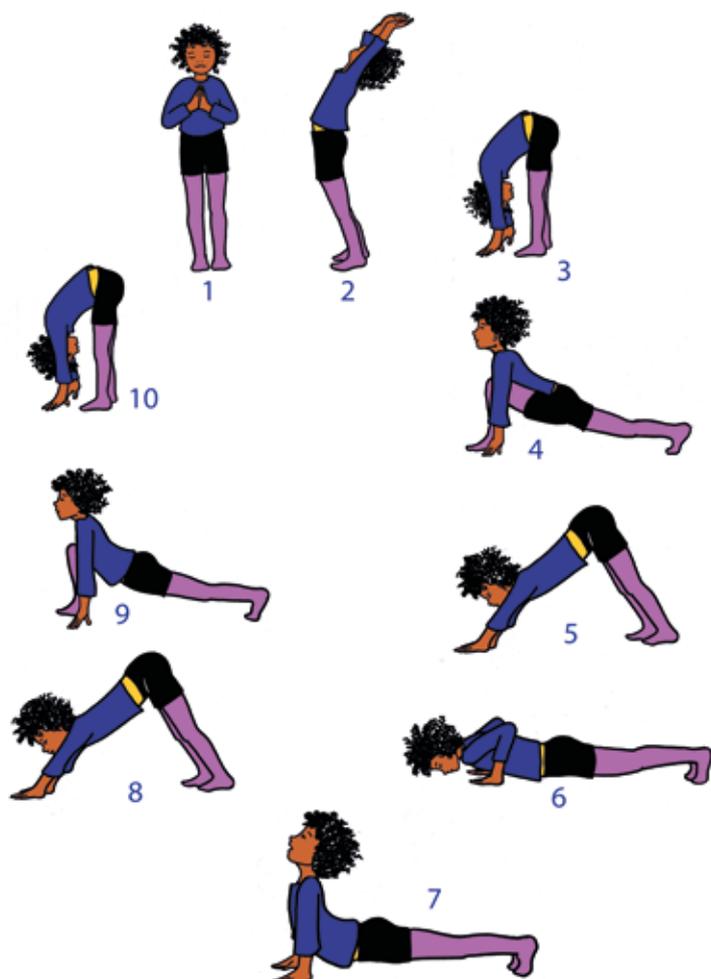


WITH BEAUTIFUL FULL-COLOUR ILLUSTRATIONS THROUGHOUT

Yoga for kids is a growing trend. More and more children suffer from stress at school and in their social lives. They have trouble sleeping, are hyperactive, uncertain or anxious. Yoga can be a fantastic tool to help achieve peace in mind and a rested body, and its effects on children are impressive. Helen Purperhart, the number-one children's yoga instructor in The Netherlands and Flanders, has written a book to help children discover their superpowers. With the help of this book parents can practice yoga with their kids and older children can easily get started on their own. And of course, it's a valuable source of information and inspiration for all teachers and yoga instructors.

AnkhHermes, Mind Body Spirit,
176 pages, 20.000 words,
September 2018

* English sample translation *



Helen Purperhart is one of the most well-known children's yoga instructors. She's the best-selling author of several books about yoga for young people and has also created a series of yoga playing cards and CDs. She has been a leading yoga pedagogue since 1998.

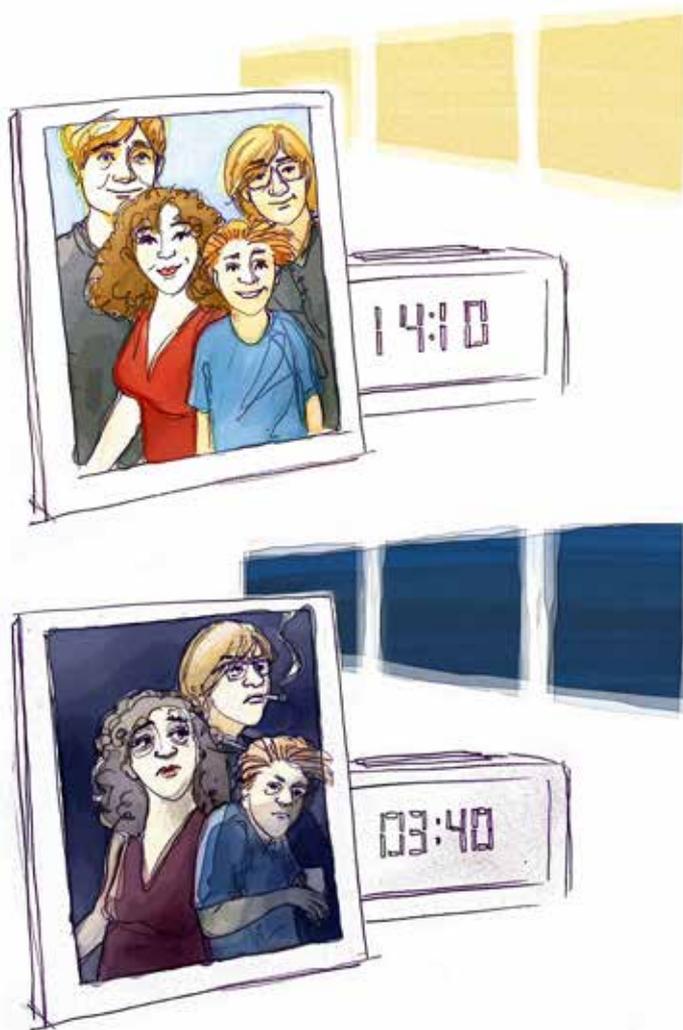
*Good news for 1 in 3 people:
It's really possible to sleep better*

CATELIJNE ELZES & DEBORAH FRERIKS

This Book Will Help You Get a Good Night's Sleep And improve your appearance!



One in three adults have trouble sleeping. This book offers useful tools for achieving a more restful night's sleep, with plenty of humorous and heartwarming anecdotes from the lives of the sleep-deprived authors along the way. Their message? There are some things you can do (and others you'd best avoid) to help you get a good night's rest. What's more: insomnia sufferers are not alone! An engaging book filled with humour, compassion, news items, scientific insights and appealing illustrations.



Kosmos, Health, 176 pages, 33.000 words, September 2018

* Dutch pdf *



Cateelijne Elzes is a journalist/writer for popular publications as *Flow*, *Happinez* and *Libelle*.

Deborah Freriks is an illustrator/writer who also specialises in children's books. Their style of writing combines an engaging mix of in-depth research, humorous observations, and disarming confessions.

*THE trend of 2018:
Shinrin-yoku, the Japanese art of forest bathing*

ANNETTE LAVRIJSEN

Shinrin-yoku

The secret of forest bathing, the Japanese natural therapy

PERFECT FOR THE READERS OF *IKIGAI*, *HYGGE* AND *HAEMIN*
SUNIM'S THE THINGS YOU CAN SEE ONLY WHEN YOU SLOW DOWN

In Japan, people have long since known: the path through the forest leads to a healthier, happier and more productive life. Meditative forest walks are a popular therapy for stress, lethargy and other ailments. According to the Japanese principle of shinrin-yoku (forest bathing), nature not only has the ability to amaze its visitors and help them relax, but it also improves their physical and mental well-being: blood pressure, heart rate and adrenaline levels decrease significantly.

In *Shinrin-yoku*, journalist Annette Lavrijsen describes the wonderful relationship between nature and our body, mind and soul as she unfolds the mystery of this Eastern natural therapy. With the help of practical exercises (meditation, yoga, mindfulness), which train all our senses, she shows readers how they can reconnect with themselves. An accessible and practical book for a clearer mind and a relaxed body.



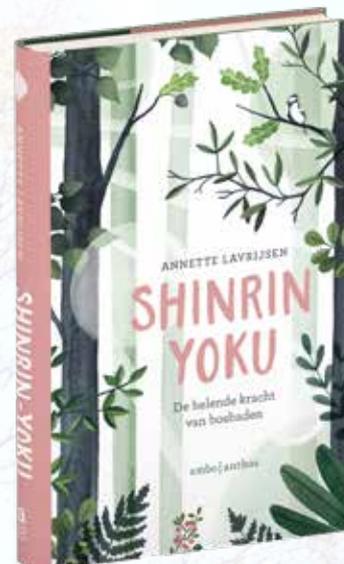
PRAISE FOR FOREST BATHING:

'A number of studies have been carried out that all suggest the same thing: a natural environment can reduce stress, lower your blood pressure, improve your concentration and strengthen your resistance.'

– AGNES VAN DEN BERG, ENVIRONMENTAL PSYCHOLOGIST

'Imagine a new medical science that could let you know how to be more active, more relaxed and healthier with reduced risk of lifestyle-related disease and cancer by visiting forests. This new medical science is Forest Medicine.' – DR. QING LI, PROFESSOR AT NIPPON MEDICAL SCHOOL TOKYO AND PRESIDENT OF THE JAPANESE SOCIETY OF FOREST MEDICINE

'When it comes to patients with obesity, depression or other conditions, we notice that their moods improve, their energy levels increase and the experience in nature therefore helps relieve stress.' – DIANNE JASPERS, GP, ORGANISES NATURE WALKS WITH PATIENTS



Ambo|Anthos, Mind Body Spirit,
208 pages, April 2018

* English proposal + sample translation *

**Rights sold: Italy (Giunti),
Spain (Lince/Malpaso), Germany
(Bastei Lübbe), France (Larousse)**

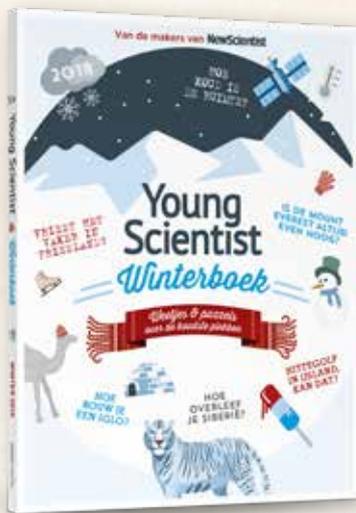


Annette Lavrijsen was the Chief Editor of Women's Health and now works as a freelance journalist, writing about topics such as health, psychology and nature. She regularly goes on nature retreats in the forest: without her phone, Wi-Fi or soy cappuccino, but with the prospect of renewed inspiration and energy. This is her first book.

Artist and illustrator **Valesca van Waveren** is best known for her colourful drawings and paintings. Her work has been featured in national magazines such as *Flow Magazine* and *Jamie Magazine*. Further, Valesca is an avid ceramist and lives in Amsterdam.

ACTIVITY BOOKS

Curious children don't suddenly stop being curious as soon as the school holidays start. That is why the editors of New Scientist, Historisch Nieuwsblad and Jamie Magazine have brought together the best facts, riddles and puzzles about the most popular holiday destinations, heroes and villains from history, and eating habits from all over the world. Perfect for the back seat, train or aeroplane. With the Activity Books, jam-packed with fun activities and tips, you'll never be bored on holiday!



*An activity book about all sorts of friends
For children from 8 to 12 years old*

NEW SCIENTIST

Young Scientist Activity Book - Friendship

Can friendship be measured? Is it possible to make friends with a robot? Are stars always alone? Why do hermits live in isolation? And, do we have any natural enemies? Young Scientist's sixth activity book is full-to-bursting with fascinating discoveries, unique facts, challenging puzzles and experiments. This activity book is focused on friendship, and it deals with all sorts of unlikely partnerships, including some in the animal kingdom. A few less desirable friends also pass the review, such as ticks who get under our skin. With friends like those, who needs enemies?

New Scientist, Popular Science for Kids, 100 pages, September 2018

* Dutch pdf *

*Sun, sea, swallows, sand – the welcome ingredients for a successful summer holiday all feature in this summer holiday book.
Perfectly geared towards young fans of science.*

YOUNG SCIENTIST
Summer Holiday Book

Why does the sun give off light? Do heavier people sink faster?
Why do you sweat when it's warm?

The Young Scientist Summer Holiday Book revolves around summery topics beginning with the letter S. On sweltering summer evenings, the fun facts, riddles and puzzles with a scientific touch are sure to keep curious children entertained. Funny quizzes are alternated with interesting facts about scientific research.



Veen Media, Popular Science for Kids, age 8-12, 96 pages, May 2017

* English sample translation *

POPULAR SCIENCE FOR KIDS

HISTORISCH NIEUWSBLAD

The Big History Activity Book

Do you want to find out how you became a knight in the Middle Ages? And why Louis XIV never took a bath? And do you know how long the shortest ever war lasted?

The Big History Activity Book is jam-packed with trivia, puzzles and fun activities. Read all about the bravest heroes and the meanest villains in history and find out which historical figure you're most similar to. Solve challenging word puzzles and word searchers or follow a tasty recipe with tulip bulbs.

Whether on holiday or at home, *The Big History Activity Book* will keep you entertained for hours!

'The perfect present for curious children!' – HISTORISCH NIEUWSBLAD



Veena Media, Popular Science for Kids, age 8-12, 96 pages, May 2017

* English sample translation *

Challenge your brain

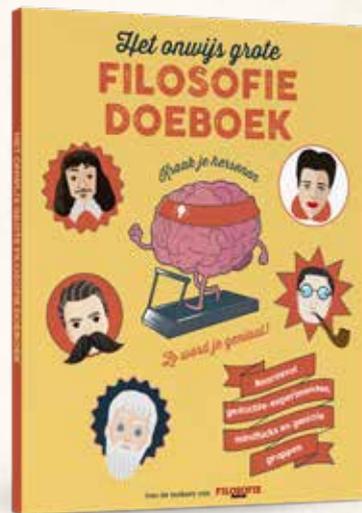
FILOSOFIE MAGAZINE

The Incredibly Big Philosophy Activity Book

Does a fly have feelings? Do you always have to tell the truth? Can you fall in love with a robot? Where were you before you were born? And, what's 'normal'?

These are questions that have puzzled philosophers for generations, and *The Incredibly Big Philosophy Activity Book* is filled with them. Now anyone can try their hand at solving these complicated brainteasers, exciting thought experiments and brilliant pranks guaranteed to amaze your friends. And in the meantime, you'll learn all there is to know about some great geniuses who weren't always understood. Did you know the Greek philosopher Socrates was forced to drink poison because he asked too many troublesome questions?

Provides hours of entertainment, on vacation or at home on the couch. Just make sure your brains don't explode!



Filosofie Magazine, Popular Science for Kids, 100 pages, June 2018

* Dutch pdf *

JAMIE MAGAZINE

The Tastiest Ever Eat-Learn-Cook Activity Book

Have you always wanted to know what Japanese people eat? Can you solve every puzzle in no time? Do you love smoothies, popcorn and fruit ice lollies, especially when you make them yourself? If so, this activity book is something for you!

We travel all over the world: from the north of Europe to the south, and from exotic Mexico to Japan. We stop in every country to cook a tasty recipe and to do some puzzles and quizzes, to howl with laughter at silly jokes and to learn how to order your favourite food in another language. This book is jam-packed with fun activities and tips.

Make your own bag of popcorn, grow your own fresh herbs or invite your friends on a fun picnic. It doesn't matter what the weather's like, if you're on the way to your favourite holiday destination or if you're staying at home: with *The Tastiest Ever Eat-Learn-Cook Activity Book*, you'll never be bored!



Veena Media, Popular Science for Kids, age 8-12, 96 pages,

* English sample translation *

A travel memoir from a millennial who was looking for success and fame but found meaning in life when he put a unique twist on his travels – through his grandmother’s pancakes!

WILLEM DIELEMAN

Pancake Adventures

How I gave pancakes to the world and what I got in return

It can be that simple: a bit of flour, milk and eggs. With ingredients that can be found all over the world, Willem encountered many beautiful adventures which gave him meaning while traveling. But this revelation didn’t come easily.

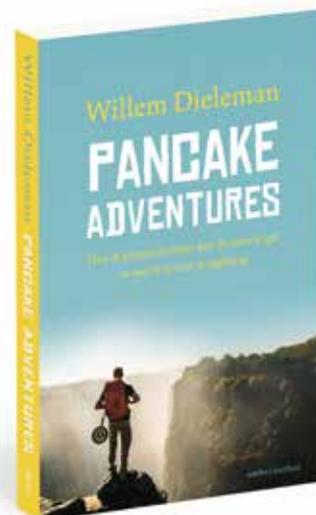
After his graduation, Willem Dieleman finds himself in a job where he stares at Excel sheets all day long. This is not the big, exciting life he had in mind. He swaps Amsterdam for Istanbul, travelling eastwards from there over land through Georgia, Armenia, Iran, Dubai, Pakistan and India. His journey is filled with adventure and extraordinary encounters, and yet he pines for his impossible love and keeps trying to emulate successful contemporaries. He cannot return home empty-handed. Looking for more meaning in his life and travels, Willem notices that he spreads a great deal of joy with his grandmother’s recipe for pancakes. This gives him the idea for Pancake Adventures, an organisation-whose goal is to bring the world together. At a time when we sometimes seem to be losing faith in our fellow human beings, Pancake Adventures shows in a humorous and positive way how you can find yourself by connecting with others, for example through pancakes.

PRESS ON PANCAKE ADVENTURES:

‘A journey you wish you’d taken yourself, a plan you wish you’d come up with. And what’s more: beautifully written.’ – SUZETTE HERMSEN, CHIEF OF .REIZEN AND CO-AUTHOR OF *ZEIK NIET ZO* (STOP YOUR MOANING)

‘Some milk, flour, and eggs – what could be simpler? In *Pancake Adventures*, Dieleman uses readily-available ingredients to achieve a lot in an original way. I can’t wait to see what else he’s got up his sleeve.’ – MARLEEN PELLE, HIJMAN ONGERIJMD BOOKSELLERS

‘A pretty hilarious account of a 27-year old who quits his job in Amsterdam, leaves for the Middle-East with a frying pan in hand and as a couchsurfer finds himself in the most remarkable places.’ – DE VOLKSKRANT



Ambo|Anthos, Travel, 280 pages,
June 2018

* English sample translation
& proposal *

Rights sold to Bastei Lübbe
(Germany)



Willem Dieleman (1986) grew up in Middelburg, and, after finishing his MA in Editing, travelled through Turkey, Georgia, Armenia, Iran, Dubai, Pakistan, India, Nepal, China, Vietnam, Cambodia, Thailand, Malaysia, Singapore, Indonesia and Australia. You can find out more about his organisation on pancakeadventures.com

The most breath-taking trips for backpackers

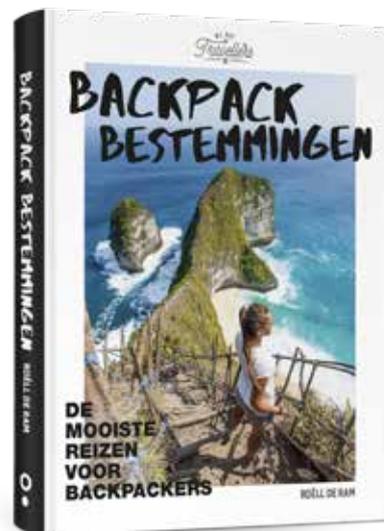
ROËLL DE RAM

Backpacking Destinations

Inspiring journeys for backpackers

ROËLL'S BLOG HAS OVER 200.000 UNIQUE VISITORS EACH MONTH

In this book, WeAreTravellers travel blog founder Roëll de Ram takes readers on a fantastic journey to the best destinations for experiencing the most incredible backpacking adventures. From breath-taking locations in Sri Lanka to a rugged road trip through Iceland, or a month-long trek through majestic South Africa. With enchanting tales, practical tips, beautiful routes and exquisite photography. This is a book filled with inspiring ideas for budget travellers and flash-packers alike.



Kosmos, Travel, 208 pages,
40.000 words, October 2018

*** Dutch pdf ***

Roëll de Ram (1990) is a full-time travel blogger and founder of WeAreTravellers.nl, one of the Netherlands' most popular online travel magazines.



PRESS ON A-CHANGIN':

'A mind-expanding experience. The power of this book is that it ignores the clichés and revisits history. You learn to look at a new panorama with fresh eyes. And that is more complete and open than the clichéd picture we have previously formed of the sixties.'

**** – DE STANDAARD

'Beautiful book... honours all these coloured voices that are so often left out of the narrative' – JOURNALIST AND ACTIVIST HADJAR BENMILOUD FROM VILEINE.COM

'There can be no doubt that with *The Sixties* Buelens has written one of the most important books of 2018.'

– ***** HET NIEUWSBLAD

'Buelens' retrospective is never nostalgic. The cultural and political developments he recounts are immediately accompanied by sober commentary. Often, readers will learn of things they have never heard of before. Pity the bookcase that lacks this book.'

– **** HUMO



'This magnum opus shows very convincingly that the reduction of the sixties to 'May 1968', student protests, and long-haired young people (both male and female) with guitar in hand and flowers in their hair does not match the reality.' – KNACK

'A definitive work' – TROUW

'Buelens draws historical parallels and explodes false assumptions. An upbeat book about the optimistic sixties with a sombre message.' – DE VOLKSKRANT

'In his extremely readable book he links the social and geopolitical developments of the sixties to the birth of popular culture.' – DE TIJD

'From *West Side Story* to Che Guevara, Indonesian rock to JFK: he has taken an impressive X-ray of the sixties. Reading his book is a mind-expanding experience. This declaration of love is almost a thousand pages long. It is not the sentimental kind: Buelens exhibits a great poetic sensitivity and a healthy scepticism, and pays attention to both 'high' and 'low' culture. His thinking is multi-layered and he makes cultural-political connections that few see. (...) This book is not just about cultural policy. It is also a global cultural lucky dip that has no equal. Thanks to the extensive bibliography and footnotes, this book is also a valuable reference work. (...) The power of this book is that it ignores the clichés and revisits history. You learn to look at a new panorama with fresh eyes. And that is more complete and open than the clichéd picture we have previously formed of the sixties.' – **** DE STANDAARD

A new perspective: a unique and dazzling global cultural history of the sixties

GEERT BUELENS

A-Changin': A Cultural History of the Global Sixties

ELIGIBLE FOR A TRANSLATION GRANT FROM THE FLEMISH LITERATURE FUND

The sixties were much more than Bob Dylan, May 1968 and the miniskirt. James Bond, the twist and *The Sound of Music* were the real crowd pleasers. While the 'long-haired, work-shy riffraff' thought they could bring down capitalism with leaflets and demonstrations that were lapped up by the media, an economic revolution was quietly being set in motion. The counterculture was playful and original, but often also snobbish and pig-headed.

Fifty years after May 1968, using hundreds of songs, films and books, this book tells the tale of a decade that is loved and hated like no other. The ambition of Brasília, the massacres in Sharpeville, Indonesia and Mexico City, the Selma to Montgomery marches, the student protests from Paris to Dakar, the murders of President Kennedy and Patrice Lumumba, the Cuban Revolution, the Vietnam War, and the Prague Spring form the backdrop to a story about cultural upheavals that have never before been presented in their global context.

The hope of the sixties has long since faded, but the debates about freedom, power and identity are more topical than ever. If we today are the heirs of the sixties, what does that mean? And those who reject this inheritance – what kind of world do they dream of?

Focusing not only on the well-known political episodes and artistic and cultural highlights in music, movies, architecture, photography and literature, Buelens broadens our view as he includes almost forgotten works of art, icons and movements.

Ambo|Anthos, History,
1024 pages, March 2018

Rights sold: Suhrkamp (Germany)

* English proposal *

* English sample translation *

* This book is supplemented by a website full of music, film, pictures and background material *



Geert Buelens is Professor of Modern Dutch Literature at the University of Utrecht, an essayist, and an award-winning poet, whose poems have been translated into English, German, French, Polish and Czech. In 2008, he published *Europe Europe!*, where he tells the story of the First World War through the eyes of Europe's greatest poets of that time published by Suhrkamp (Germany), Karpos (Serbia) and Verso (UK/USA). He is a visiting professor of Dutch literature in South Africa and the USA.

The story of three geniuses who try to transform a seemingly rudderless Europe on the eve of the Second World War

GUIDO VAN HENGEL

The Prophets of Europe

Future Visions from a Bygone Era

HIGHLIGHTED BY THE DUTCH FOUNDATION FOR LITERATURE

On the verge of the First World War, the paths of Dutch writer and utopian thinker Frederik van Eeden, German mystical philosopher Erich Gutkind and Serbian guru Dimitrije Mitrinović cross. Together, they call for the creation of a ‘blood bond of European geniuses.’ With their ambitious ideals about saving humanity and European integration, and their uncomfortable ideologies, they want to effect change in a Europe that seems to be rudderless. They are simultaneously passers-by and participants in an ominous time. They recognised each other as kindred spirits, and formed a transnational intellectual network throughout Europe, sharing their vague but passionate ideas about the unification of Europe, the importance of world peace.

At this time of grand gestures and megalomaniac societal ideas, the Second World War is brought to an end: every big idea from after 1945 revolved around Auschwitz. *The Prophets of Europe* provides an insight into a time that mirrors our own. Ideas and utopias for humanity, just like doomsday scenarios for the downfall of Western civilisation, resonate in the media, culture and politics of today.

PRESS ON THE PROPHETS OF EUROPE:

‘Van Hengel shows that there were many more gloomy intellectuals who criticised European culture and came up with great visions of the future. The way in which Van Hengel describes their activities and ambitions is very compelling and enlightening. Now that there is once again talk of the demise of Europe, those debates of a hundred years ago are gaining new relevance.’ – HISTORISCH NIEUWSBLAD



Ambo|Anthos, History,
224 pages, February 2018

* English proposal + sample translation *



Guido van Hengel is a writer and historian. He studied in Groningen, Jena and Belgrade, and in 2014 he published *The Days of Gavrilo Princip*, a cultural history about a generation of young revolutionaries on the eve of the Great War. He obtained his doctorate cum laude from the University of Groningen with a dissertation about Mlada Bosna (Young Bosnia).

A brilliant, compelling portrait of the second emperor of Rome

WILLEMIJN VAN DIJK The Successor

HIGHLIGHTED BY THE DUTCH FOUNDATION FOR LITERATURE

Emperor Tiberius ruled Rome for twenty-three years, from 14 AD to 37 AD. Willemijn van Dijk paints a brilliant, compelling portrait of his life. She makes you an eyewitness to the turbulent Rome of the beginning of the first millennium: from the extravagant lifestyle of the Roman elite to the political machinations in the Senate, and from the street noise to the betrayal and lust for power of the family who would reign over Rome for another half century.

Despite his unique position in the history of the Roman Empire, Tiberius has always stood on the sidelines of historical interest. He was the second emperor of Rome, the successor to the legendary Augustus, and also the first man in history to inherit the power of the Roman Empire, which stretched from North Africa to the Southern Netherlands and from Spain to Syria. He thereby consolidated the new form of government – emperorship – established by his adoptive father. It was a success story that would continue for centuries.

Van Dijk is a talented writer who never bores. Her smooth style, which captivates the reader from the very first page, never undermines scientific robustness.

PRESS ON THE SUCCESSOR:

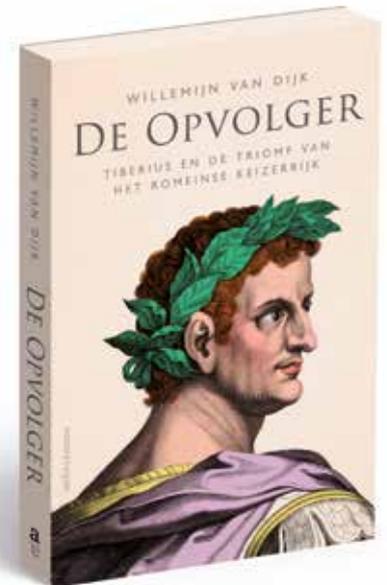
‘Van Dijk is an excellent writer, and it is a very thorough book.’ – RADIO 1

‘Is it a novel, a history, or a literary biography? The beautifully written and well-researched book *The Successor* by ancient historian and writer Willemijn van Dijk is all three in one, for her descriptions of life in Rome around the beginning of the first millennium and her account of the often complex family ties in the Roman upper class read like a novel. She presents historical events as if she witnessed them herself.’

– **** NRC HANDELSBLAD

‘I find that really interesting: it is written like literature. She writes evocatively: it’s as if you’ve actually been there. A fascinating book which is also interesting because the writer is quite young. Recently, we’ve been looking at writers under 35, and we’ve seen a lot of good work, but not much in the way of style. To write like that, you have to have read widely yourself. A lot of young writers haven’t, but clearly this non-fiction writer has.’

– JEROEN VULLINGS, DE NIEUWSSHOW



Ambo|Anthos, History,
208 pages, March 2017

Rights sold: Baylor UP (US)

*** Dutch pdf ***



Willemijn van Dijk is an ancient historian and writer. She also studied Italian language and literature. After university, she worked for several years as deputy editor of *De smaak van Italië* (The Taste of Italy); in 2012 she started blogging about Rome and antiquity on *Orpheus kijkt om* (Orpheus Looks Back). She previously wrote the acclaimed *Via Roma*, whose rights have been sold to Germany (DVA), Korea (Mindcube) and the US (Baylor UP)..

A heart-wrenching story about anorexia

JOSHA ZWAAN

Emma Wants to Live

The true story of one woman's struggle with anorexia

BASED ON THE DOCUMENTARY OF THE SAME NAME

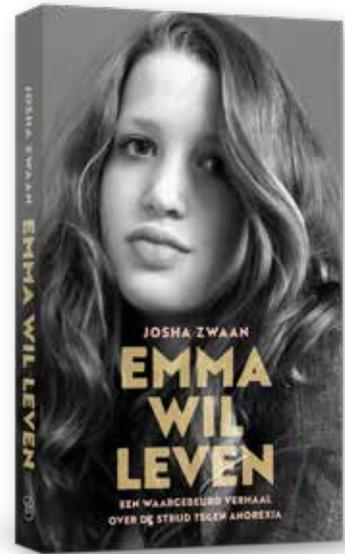
Jessica Villerius' stunning documentary, *Emma Wants to Live*, is about a young woman's losing battle with anorexia. It has unleashed a heart-warming response, and this book goes deeper into Emma's story and puts her battle into perspective. There's valuable background information about Emma's parents, family, and support staff, and the book offers a convincing picture of the tragic impact this disease can have. There's no shying away from the lapses within the support community.

The documentary will be broadcast in Germany, France and Norway and is available in English on Amazon.

PRAISE FOR THE DOCUMENTARY:

'It is one of those films that will change you if you let it.'

'Draining emotionally, but well worth the time to watch and see the real human within a real struggle.' – REVIEWS ON AMAZON PRIME



Ten Have, Memoir, 256 pages,
January 2019

* English sample translation *



Josha Zwaan (1963) is an author and writing coach. Her previous titles include *Parnassia*, *Sea Sparkle* and *Sidetrack*. Zwaan viewed many hours of film material and carried out extensive discussions with Emma's parents, doctors and other hands-on experts.

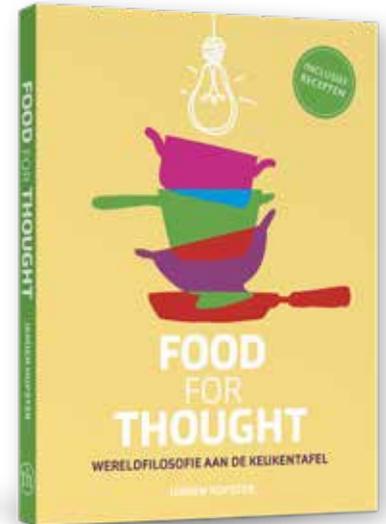
Serving up all the ingredients for a lively discussion

JEROEN HOPSTER

Food for Thought

World philosophy at the dining table

Breaking bread together gives us a chance to meet and to share sustenance and ideas. In *Food for Thought*, an international pool of philosophers share a meal with a group of young people. They chew over some of the 21st-century's hottest topics – the plethora of choices, and loneliness and intimacy in the Facebook era, as well as how to be true to yourself – all while enjoying some delicious recipes. The smartphones are hidden away, and what follows is a succession of clearly formulated questions, outpourings and insights, useful for everyone living in today's world. Recipes included!



Ten Have, Philosophy, 112 pages,
November 2018

* English sample translation *



Jeroen Hopster is a philosopher, journalist and editor at *Filosofie Magazine*. Together with Dutch Buddhist Han de Wit, he has written *Buddhism for Thinkers* about the lessons western society can derive from Buddhist thought.

*High time for some new heroes
Netflix mixed with... philosophy?!*

ELLEN TER GAST

Brave New Viewers

Sometimes, Netflix has more to offer than Kant

How do you know you're making the right choices? By following in the footsteps of heroes who also have their doubts, and might be able to offer a useful shield from the moral high ground. Everyone can become an ethical knight in shining armour. Ellen ter Gast shows how to do it, without books: this is a new way of seeing the world, and a compelling argument for taking a fresh look at Netflix. Chock full of eye-openers and tantalising new concepts.



Klement, Philosophy, 192 pages,
September 2018

* Dutch pdf *



Ellen ter Gast is an 'Integrative thinker' from Amsterdam: a philosopher committed to applying philosophy's practical applications to daily life.

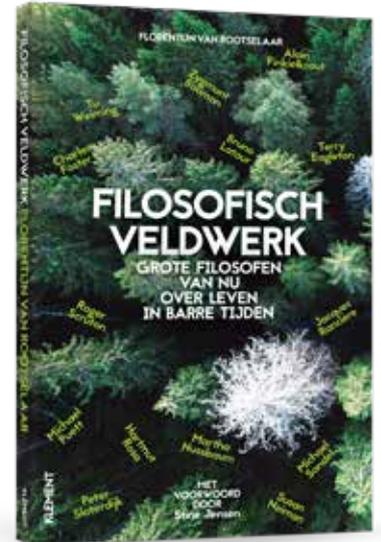
*How do we reconnect with the world?
Today's great philosophers about living in difficult times*

FLORENTIJN VAN ROOTSELAAR
Philosophical Fieldwork
*How great thinkers are helping us
reconnect with the world*

INTERVIEWS WITH LEADING PHILOSOPHERS
SUCH AS PETER SLOTERDIJK, MARTHA NUSSBAUM,
ALAIN FINKIELKRAUT AND ZYGMUNT BAUMAN

THIS TITLE IS ELIGIBLE FOR A TRANSLATION SUBSIDY
FROM THE DUTCH FOUNDATION FOR LITERATURE

The climate crisis, fake news and the acceleration of our lives – these developments threaten our connection with the world. How should we deal with these existential crises? Florentijn van Rootselaar travelled around the world to talk to the most prominent thinkers of our time. In conversation with philosophers such as Alain Finkielkraut, Martha Nussbaum, Michael Puett and Peter Sloterdijk, Van Rootselaar explores possibilities to reconnect with the world. His is a search for a new way of listening, to the world and ourselves. Art of living for anyone concerned about our future.



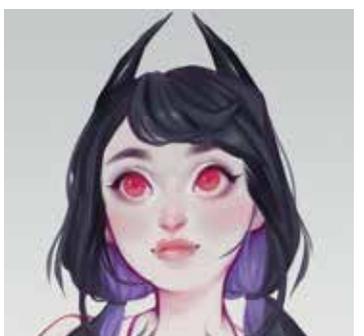
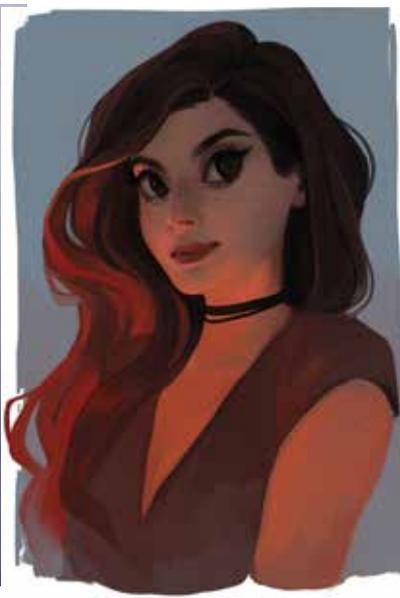
Klement, Philosophy,
128 pages, March 2018

* English sample translation *

Rights sold: WBG (Germany)



Florentijn van Rootselaar is a philosopher and journalist. Travelling across the world for *Trouw* and *Filosofie Magazine*, he has had the opportunity to talk with the world's most influential philosophical leaders. For several years he has been on the jury for the Socrates Cup, the prize for the best philosophical book in the Netherlands. He currently works as a senior editor for *Filosofie Magazine*.



An international hit on Instagram!

LAURA BROUWERS

The Art of Cyarine

*Inspiration and exercises,
from one illustrator to another*

OVER 1.5 MILLION FOLLOWERS ON INSTAGRAM

Laura Brouwers alias @cyarine draws breath-taking illustrations in a unique, dream-like manga style, with a hint of sex appeal and a sprinkling of Disney, pop culture and pin-up. 22-year old Laura has amassed an immense following on Instagram, where currently she has over 1,5 million followers. In this book, the vibrant young artist welcomes readers into her studio to see how she works. She also shares plenty of helpful tips and drawing exercises, while telling readers about her amazing career: her motivation, and the global success of her Instagram feed. She lets readers in on her sources of inspiration. An entertaining picture book for fans of drawing and manga. All drawings have been specially made for the book.



Kosmos, Arts & Crafts, 160 pages,
13.000 words, October 2018

*** English sample translation +
proposal ***

**Rights sold: Blue Star Press
(World English)**



Laura Brouwers (22) is a world-famous artist with more than 1.5 million Instagram followers. She manages her own company from her base in the Netherlands, and travels to comic-cons and fairs throughout Europe, Japan and the United States. The rights for the English translation were sold before this book's publication was even announced.

New tips from Instagram phenomenon @fetching_tigerss

ANNEGIEN SCHILLING

Twisting Reality

Taking and editing surrealistic photographs

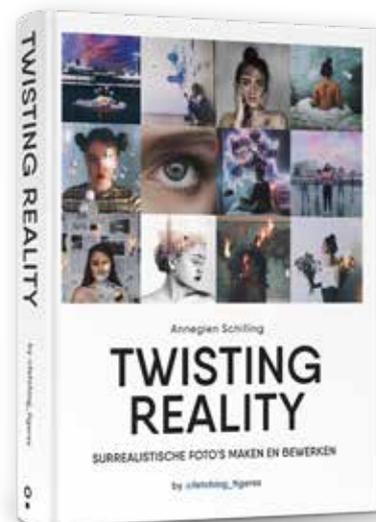
OVER 1 MILLION FOLLOWERS ON INSTAGRAM

HER PREVIOUS BOOK *IMAGINE. SHOOT. CREATE* SOLD
10.000 COPIES AND HAS JUST BEEN PUBLISHED IN GERMANY

Annegien Schilling's (@fetching_tigerss) first book, *Imagine. Shoot. Create.* was such a success, she lost no time in gathering exciting new photographic material for her next project. The result: *Twisting Reality*, with texts and images that clearly explain the steps involved in creating these fantastic, surrealistic portraits, often containing references to current societal issues. Chock full of tips that make taking and processing unique photographs accessible for everyone.

PRESS ON ANNEGIEN SCHILLING:

'Annegien Schilling acquired international fame for her surrealistic self-portraits on Instagram under the name fetching_tigerss, but behind those amazing images lies an even more astonishing story.' – LEBUZZ-MAG.COM



Kosmos, Photography, 160 pages,
November 2018

★ English sample translation ★



Annegien Schilling (1999) began taking pictures at an early age. When she was just 13, she created her own Instagram account, fetching_tigerss, where she shares her surrealistic self-portraits. She now has more than 1 million followers around the globe. Her previous book *Imagine.Shoot.Create* has been published in Germany.

The ultimate hand-lettering handbook

KARIN LUTTENBERG
72 Tips – How to do
Hand Lettering
Everything you need to know

PREVIOUS BOOKS BY KARIN SOLD OVER 200.000 COPIES

In her latest book, *How to do Hand Lettering*, best-selling author Karin Luttenberg gives away all her secrets, making this the essential handbook for people who enjoy hand lettering. With her characteristic enthusiasm, Karin shares more than 72 tips, guaranteed to help you achieve professional results. She divulges trade secrets about her favourite materials and offers plenty of handy tricks: you'll find it all here.

This beautifully bound publication is the perfect gift for every fan of hand lettering!



Kosmos, Arts & Crafts, 96 pages,
September 2018

* Dutch pdf *



*The latest craze: brush lettering!
Handbook and exercise book*

CARLA KAMPHUIS Brush Lettering

Brush pens are selling like hotcakes at the moment. This book is an introduction to brush lettering: the popular, modern version of calligraphy. Many different techniques and examples are provided. The exercise book contains letters, figures, and much more so that you can brush up on your technique! Colour lettering by hand is all the rage at the moment.



Practice makes perfect!

Brush Lettering for Everyone – exercise book #2

20.000 COPIES SOLD OF BRUSH LETTERING

Brush lettering's popularity has grown explosively to include innumerable fans. A stunning 20,000 copies of Carla's books were snapped up, which is why it's high time for more exercises in brush lettering, the modern-day take on calligraphy. This book includes plenty of new techniques and examples. It's a perfect hobby book to take along on vacation. Hand lettering in colour, for all ages.



Kosmos, Art & Crafts,
96 pages, September 2017

Rights sold: frechverlag (Germany)

*** German pdf ***



Kosmos, Arts & Crafts, 96 pages,
September 2018

*** Dutch pdf ***

Rag dolls are back!



SASCHA BLASE - VAN WAGTENDONK Crocheted Rag Dolls 3 *Around the world*

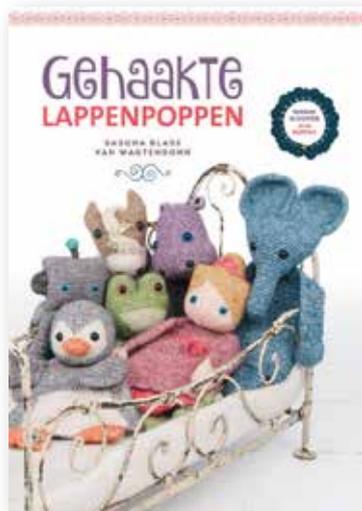
AUTHOR SOLD OVER 40.000 BOOKS PREVIOUSLY

Part 3 of the successful *Crocheted Rag Dolls* series contains 18 new crochet figures. They come from all over the world: from a flamingo and koala to a Russian doll and Dutch farmer's wife. Unlike the rag dolls in the first two parts, these ones have several basic forms. Therefore even more crocheted variety and challenges! The crochet projects are described in a clear way, including explanations of all the crochet stitches used and tips and tricks for various yarns. Suitable for crocheters of all skill levels!



Kosmos, Arts & Crafts,
96 pages, April 2018

**Rights to previous titles sold:
frechverlag (Germany), Les Éditions
de Saxe (France)**



Sascha Blase started crocheting and designing her own free patterns a few years ago. Her blog *A la Sascha* has grown popular among hobby crafters. *Crochet Rag Dolls* is her third book.

DIY – ART & CRAFTS

Over 38.000 copies sold of previous books

SASCHA BLASE - VAN WAGTENDONK

Crochet Cuddly Blankies

Sascha Blase-van Wagtendonk, known for her crocheted rag dolls, has now designed 15 crocheted cuddly blankets. These blankets, also known as blankies or cuddle cloths, are quickly becoming a firm favourite among babies and toddlers. From princess and astronaut to mermaid; the crochet patterns are suitable for boys and girls alike. With basic explanations on how to crochet and step-by-step pattern descriptions, anyone can crochet these cuddly pieces. They are fun to crochet and make the perfect gift for newborns or young children.



Kosmos, Art & Crafts,
96 pages, August 2017



Kosmos, Arts & Crafts,
96 pages, July 2018

* Dutch pdf *

*Feel-good crochet book: brightly coloured crocheting
Crochet your own colourful bouquet*

BAS DEN BRAVER

How to Crochet Flower Dolls

Bas den Braver – better known as Zabbez – is the designer of these adorable flower dolls, and the popularity of these designs has spread well beyond the Dutch borders. This pattern book contains 15 popular flower designs, including Sunflower Sam and Anemone Annie. Some smaller patterns are also included – such as butterfly and bee – to make your flower garden complete. All the crochet patterns include detailed, step-by-step instructions illustrated with many colourful pictures. A fun and addictive new trend for crafters at all levels!

Bas den Braver is a Dutch designer of crochet patterns. His passion for flowers really shines in these crocheted dolls. He finds inspiration outdoors in nature, as well as during visits to the fantastic flower stalls in Dutch street markets. Zabbez sells his crochet patterns (translated into several languages) online. Check out more on his Instagram @zabbezcrochet.

Clothes make the baby

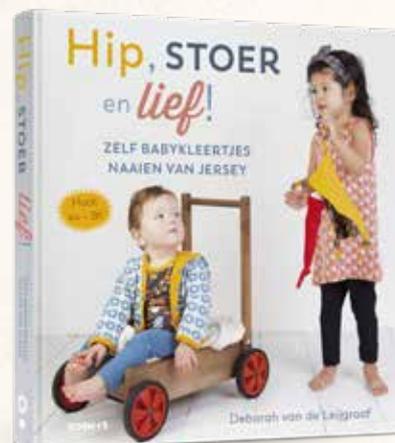
Sewing patterns for newborns to 1.5 year olds.

DEBORAH VAN DE LEIJGRAAF

Hip, cool and sweet!

Make your own baby clothes from jersey

What's better than sewing your own clothes and accessories for the baby? With these soft and supple jersey fabrics – perfect material for the very little ones – everyone can have a go! Deborah van de Leijgraaf designs hip baby clothes and accessories, from bodysuits and bonnets to bibs, dresses and jackets. With sewing patterns for real sizes in the dimensions 44 (premature) to 86 (1.5 years). The photos and descriptions per pattern make this a basic book perfect for every level.



Kosmos, Arts & Crafts,
112 pages, April 2018

*A pony puff. Ugly sweater for the dachshund. A rainbow sponge.
Totally unknittable – or not?*

MARIEKE VOORSLUIJS & BARBARA LÖHNEN Homey Knitting Projects With Club Geluk

Marieke and Barbara, the two creative women behind Club Geluk (Club Happiness) practice knit art. Their accessories and figures designs are the quintessence of quirky handicraft. Club Geluk designs 50s-inspired (handmade) living items, replicas of everyday objects, and unique gifts. The duo catapulted to international fame when Marieke knitted a doppelgänger of her son. News portals such as Metro, Cosmopolitan and Huffington Post have chronicled the creation of the rather unusual knit product. Other bizarre items have been featured in Good Morning America.

The Homey Knitting Projects book contains 23 surprising and unique projects, littered with funny retro cartoons and ads. Get ready to plunge into knit art beyond needlework as we know it! And don't forget to check out their website!



Kosmos, Arts & Crafts,
128 pages, March 2018



Club Geluk (www.clubgeluk.nl) has been creating a range of realistic and amusing knit-work and crocheted items since 2004, without dropping a stitch.

*Knit yourself a little Merry Christmas sweater
The 2018 Christmas hit!*

CLUB GELUK

Knit Tiny Christmas Sweaters

Knit yourself a little Merry Christmas sweater with Club Geluk! This book contains one basic pattern for knitting 24 different (wild and wacky!) Christmas sweaters. Each of these mini craft projects can be completed in a matter of hours – ideal for decorating your entire tree this holiday season. The knitting patterns are in both Dutch and English and include clear diagrams and hilarious photographs. Make this a Club Geluk holiday for everyone!



Kosmos, Arts & Crafts, 64 pages,
2500 words, October 2018

*** Full English translation ***

DIY – ART & CRAFTS

Crochet the Fair Isle way!

NATASJA VREESWIJK

Fair Isle Crocheting Workshop

Vintage decorations

A book for crocheters who want to go one step further, with a complete Fair Isle workshop, a traditional technique that we know from knitting. In this book, Natasja Vreeswijk shows that you can also apply Fair Isle to crocheting. This book features 15 home decorations with geometrical patterns and black and white as a basis; from (baby) blankets and cushions to hip plant baskets in beautiful colour combinations. Step-by-step projects that are accompanied with handy crocheting plans and wonderful photos.



Kosmos, Arts & Crafts,
112 pages, 8.000 words, May 2018

**Rights sold to: Search Press
(World English), BPA media
(Germany), Moreeni | Otava
(Finland)**

Let's go Nordic – crochet the Scandinavian way!

MAAIKE VAN KOERT

Natural Crochet

It's hard to imagine the world of fashion, lifestyle and DIY without the Scandinavian style. Natural colour tones and natural materials are in fashion. *Natural Crochet* is a wonderful photo book with beautiful patterns and inspiring photos that show you how to make 20 fashion and living accessories. From Nordic-style vests, scarves and warm socks to pouffes and throws. Maaïke van Koert knows how to combine nice, natural yarns and wool like no other. With step-by-step instructions and crochet diagrams.

Previous books by Maaïke van Koert have been published in the UK, US, France and Denmark.



Kosmos, Art & Crafts,
96 pages, 6.000 words, October 2017

Rights sold to: BPA media (Germany)

DIY - ART & CRAFTS

The hot new creative trend!

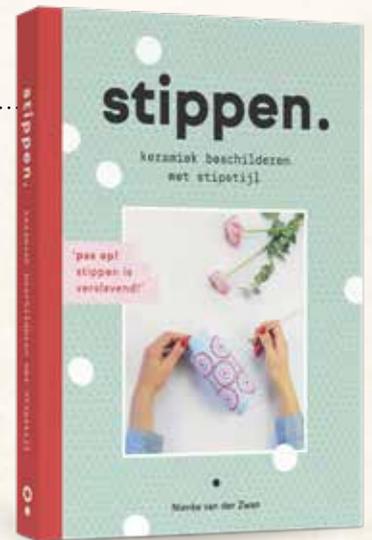
NIENKE VAN DER ZWAN

Dot Painting

Decorating Ceramics in the Dot Painting Style

DOT PAINTING LANDED ON #16 OF THE NATIONAL BESTSELLER LIST UPON PUBLISHING

Painting dots on ceramics: that's *dot painting style*. During a journey through Australia, Nienke van der Zwan was amazed by Aboriginal art. Back home, she perfected this easy technique for making trendy dotted patterns – simple, yet with impressive results! In this colourful, inspirational book, Nienke gives step-by-step instructions for applying these delightful dots to white ceramics. From bowls to mugs, to vases... the possibilities are endless!



Kosmos, Arts & Crafts, 144 pages,
17.000 words, August 2018

*** Dutch pdf ***

Nienke van der Zwan travelled and worked abroad for many years. She devotes herself to dot painting full-time. Nienke gives workshops throughout the country. Instagram: @stipstijl

IMAKIN makes do-it-yourself easy

Easy to understand, original and a lot of fun!

JINSKE VERPALEN

Just Do It Yourself!

30 DIY lifestyle projects using wood, paper, concrete, pottery, wire, leather, clay, paint & ink, textiles and metal

DIY is modern, hip and unique! IMAKIN has proven that time and again with simple projects inspired by the latest lifestyle & design trends. *Just Do it Yourself!* contains 30 brand-new lifestyle projects, using 10 different basic materials, all created by IMAKIN's creative entrepreneur Jinske Verpalen. These objects won't end up gathering dust at the back of a closet – they're trendy interior design items anyone can be proud of!



Kosmos, Arts & Crafts, 160 pages,
11.000 words, October 2018

*** Dutch pdf ***